

## Stacie and Vince Sadowski

### Kayaking the UP's Fox and Manistique Rivers: An Epic Misadventure



The Fox River in Michigan's Upper Peninsula blends into the Manistique River over an 80 mile course south to Lake Michigan. Follow a group of friends on a week-long misadventure that included first-time kayak camper Stacie in 2015. Her then-fiancé Vince thought it would be an easy and fun trip. From the tag alder covered narrow headwaters to the wide and slow dam pond outside of Manistique; hear about

the self inflicted dangers, strainers at every turn, portages galore, foul weather, bad advice, and gear fails that made for a story to laugh about...later. Full of valuable tips, location information, and kayak camping lessons learned the hard way, make the wise choice of benefitting from other's mistakes!

Vince and Stacie Sadowski have a combined three decades of experience with backcountry camping, backpacking, canoeing, and kayaking. Vince is a DIY gear enthusiast, seasoned outdoorsman, and navigator. Stacie is an outdoor writer, naturalist, and a Leave No Trace Certified Trainer.

Annually, they hammock camp on several extended trips, traveling by boots and boats. They are co-creators of Two Weeks in a Hammock.com <https://twoweeksinahammock.com/>, an educational initiative to inspire regular folks to get out into nature. As two middle-aged people with average fitness levels and more time than money, they model an active lifestyle of adventure.

Vince and Stacie are experienced public speakers and have presented on this and other topics. For a full list visit [twoweeksinahammock.com/speaking-engagements/](https://twoweeksinahammock.com/speaking-engagements/)

Maybe next year we can get the hammocking at QAS!

