

## Robert Bunnell

### Nothing to Something- How Gravel Has Made Cycling Accessible to Michigan



Nothing to Something- Gravel cycling has opened up the sport of cycling to thousands of new participants in the state of Michigan, where communities that once would never see cycling are now enclaves for dedicated riders. Learn how this new and exciting format of cycling has started as well as its impact on small communities and the cycling industry within the state-at-large.

Robert will also discuss his own experiences w/ serving as a leadership position in multiple cycling groups, volunteerism, and how the community fosters growth.

Robert E Bunnell, PT, DPT, MEd, CSCS- Grew up in Livingston County and would eventually move to the Ypsi/AA area for undergraduate, where he fell in love w/ cycling. Now residing in lower Genesee County, Robert has co-founded a county-wide grass-roots cycling organization (Livingston County Gravel Riders) as well as co-founded a formal gravel and mountain bike cycling team centered in the greater Flint region (Team Consolidated). When not riding bikes, Robert works as a physical therapist and personal trainer within the Metro Detroit region as well as a seasonal bike shop employee (with over 13 years' experience wrenching).

