#ilovequietwater

## 24th Annual Quiet Water Symposium March 2, 2019 | 9:00 am – 5:30 pm

MICHIGAN STATE UNIVERSITY PAVILION























## CONGRATULATIONS Michigan's first state-designated water trails

## River Raisin Water Trail

- Chain of Lakes Water Trail
- Huron River Water Trail
- The Island Loop Route
- Flint River Water Trail
- Middle Grand River Water Trail
- Shiawassee River Water Trail
- Upper Grand River Water Trail





Quiet Water Symposium/3.2.19

www.michigan.gov/dnr

For more information on Michigan's water trails program, contact Michael Morrison at MorrisonM4@michigan.gov

## WELCOME

## Quiet Water Symposium Changes Its Name

The Quiet Water Society (QWS) has announced that its annual event will be called the Quiet Adventures Symposium (QAS). The name change will happen following completion of its 24th annual Quiet Water Symposium which will be held on Saturday, March 2, 2019 at the Michigan State University Pavilion in East Lansing, MI.



Quiet Water Society spokesperson Allen Deming explained that the name change is in response to audience requests to feature many more types of non-motorized out-of-doors activities, and the change will bring the name of the symposium more into line with what the event has become. "Over the last decade or so the symposium has truly broadened its reach," said Deming. "We have exhibits, demonstrations and presentations on all manner of non-motorized outdoor recreation from camping to cycling, fishing to winter sports and more. You could spend the entire day and not have time for the paddling topics that we originally featured in our formative years." Deming went on to explain that while the symposium will still have plenty of paddling coverage, there is now so much more of the "quiet" out-of-doors activities that paddlers alike enjoy. "We found that we had outgrown our original name and that we needed to have the symposium name be more reflective of the scope of sports and topics that we now embrace," said Deming.

The Quiet Adventures Symposium will be identified by a new logo to aid in the transition. However, the Quiet Water Society will retain its original logo.

The Quiet Adventures Symposium name will be used in all promotion and social media outlets that reference the 25th annual symposium (2020) and beyond.

#### The Quiet Water Society appreciates the support of our sponsors who also Welcome you to the 2019 Quiet Water Symposium!











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## The Mission of the Guiet Water Society:

To educate the public and to encourage participation in non-motorized outdoor recreation; to promote public concern for the water resources of the Great Lakes Region; to support the environmental stewardship and conservation of natural resources; and to plan and execute annual and special events for any or all of these purposes.

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## MESSAGE FROM THE PRESIDENT



# Greetings!

Since 1996, when a group of dedicated volunteers came together to create the first Quiet Water Symposium (QWS), volunteers have worked countless hours to keep QWS coming back year after year. At least until last year, when we tried something completely different.

In 2018, we got help from Keystone Solutions, an event management company located in DeWitt, MI. Tammi Connell, Lisa Hoffer and their staff got their first look at our event last year. Since then, they have worked to update our systems, fine tune our promotional work,

and position all the resources needed to create a smooth running, first class event. We especially hope that you see and feel this new level of professionalism in QWS 2019.

For our 24th QWS, we have brought back many of your favorite speakers such as Jim DuFresne, Cliff Jacobson and Kevin Callan. In addition, for the first time, we have Rob Kesselring, Christina Scheuerman, Luke Jordan, Loreen Niewenhuis, Carrie Rivette and many others. Our goal is to offer more speakers and topics than you can possibly get to in one day. Hint: many speakers sell books or CDs. If you miss a session, stop at the speaker's exhibit and pick up a copy of what you missed plus even more.

The exhibit floor is again packed with commercial and non-commercial exhibits that will help you get connected and get up to speed. You will find the Lansing Oar and Paddle Club front and center. Join the League of Michigan Bicyclists or sign up to Pedal Across Lower Michigan. Check out the canoes at Mackinaw Watercraft and Unadilla Boatworks or plan your next outing at River Town Adventures.

QWS would not exist without our many supporters. Special thanks to our friends at the MSU College of Agriculture and Natural Resources, who have included us for 24 years in ANR Week and have helped us bring you the best possible event. Thanks also to Williams Subaru, both our Show Sponsor and our Main Stage Sponsor. QWS is also made possible by a grant/support from the Michigan DNR Parks and Recreation Division. Chase your "What If" in the Grand River Room, sponsored by Founders Brewing Company. EagleMonk Pub and Brewery, our favorite place to relax after a spirited QWS Board meeting, is the Au Sable River Room Sponsor.

Please plan to join us in 2020 for our 25th Symposium. We will have a new name and a new logo. We are updating our event's name in order to better reflect the variety of the activities included. We will become the Quiet Adventures Symposium—Find your next adventure. We still love paddlesports, but our mission has always been to promote all forms of non-motorized outdoor recreation.

Thanks for joining us today. As long as you keep coming back, we will keep coming back. The outside is where we learn who we are inside.

## Gary De Kock

## ABOUT US

## The Guiet Water Society

In 1996, the first Quiet Water Symposium (QWS) was created by a loosely organized group of about eleven volunteers/friends. In 2007, the Quiet Water Society was created as a nonprofit corporation with a Board of Directors. In 2018 when the work of planning and managing a growing symposium called for more time and expertise than was available in our volunteer pool, we turned for help to Keystone Solutions, LLC. Now in 2019, the 24th annual QWS comes to you through the efforts of the Keystone staff with guidance from the seven members of the Society's Board of Directors.

The Board strongly believes that professional event management is the key to stability and many more years of coming together to celebrate quiet sports. This security comes with a price. When we had volunteers pouring thousands of hours of free labor into the event, it was easy on everyone except our volunteers. We have still poured hundreds of hours of free labor into today's event, but we also needed to tap into the value that QWS gives to attendees and exhibitors. We promise to put the fees we charge to good use. We think you will find QWS to be the best event in Michigan for those who seek adventure.

Speaking of adventure, we are proud to announce that for our 25th event in March 2020, we will be called the Quiet Adventures Symposium! For years, groups have told us that the Quiet Water name seemed to leave out their forms of outdoor recreation such as cycling and hiking. We may have moved slowly but we got it done this year. We think that the new name, Quiet Adventures Symposium, nicely covers all non-motorized outdoor recreation. We hope you agree and that you will join us next year to celebrate at our 25th anniversary event.

Thank you to all who join us today and especially to those who return year after year to keep this community of outdoor enthusiasts alive and well. We believe that, as long as nature provides a path, adventure awaits us. Please help us keep this belief alive by supporting the Quiet Water Society as we build for the future. You can find out more on opportunities to share your talents, donate to the Society or keep our symposium going by sending us an e-mail, visiting our website or joining our Facebook Page.







Planning Committee Back row - Bill Erickson, Karl Pearson, Dave McCune, Mike Gray, Barry Sedwick, Jerry Link

Front row - Janet Gross, Russ Hicks, Becky Kruger, and Dean Sandell



Planning Committee Back row - Mark Walton, Cindy Burkhour, Rod Ritchison, Joe Lessard, Gary De Kock

Front row - Linda De Kock, Pat Harrington, Cynthia Donovan, Robin Barfoot, Lisa Hoffer, Tammi Connell, and Allen Deming

## THE VERLEN KRUGER AWARD

Verlen Kruger (1922 to 2004), a world record canoeist from Delta Mills, Michigan, was named "The River Guardian" at the 2003 Quiet Water Symposium. This was a heartfelt honor from the entire mid-Michigan paddling community. Verlen was recognized for his outstanding achievements and records in paddle sports, for bringing international awareness to our environmentally sensitive waterways, and for fostering stewardship of our treasured water resources.



As a further honor to Verlen, the award was named for him for subsequent years, becoming "The Verlen Kruger Award". It is given annually to a person (or persons) who has supported and promoted paddle sports along with water conservation, education, or history in Michigan. The recipient of this award receives a commemorative paddle, and a brick on which the date and the name of the recipient is engraved. A duplicate brick is added to the walkway around the Verlen Kruger Memorial located by the Grand River in Portland, Michigan. The recipient's name is also engraved on a perpetual plaque that is housed at the AuSable River Center in Roscommon, Michigan.

This year, the Quiet Water Society congratulates Hugh Walton, who has been selected as winner of the 2019 Verlen Kruger Award. The award is a hand made paddle from Mackinaw Watercraft with the following words written on the blade.

"As the paddler of a Kruger Sea Wind canoe, Hugh Walton has traveled many miles on the waters of the Great Lakes and beyond. As Chair of the Water Quality Committee of the Crystal Lake and Watershed Association, he has made a measurable contribution to the conservation of water in Michigan. As a frequent speaker and exhibitor at the Symposium, he has inspired many to take up paddles and follow their dreams. In these and other ways, Hugh gives back to paddle sport so that others can also know the joy of water."

## Please join us at 2:00 pm today in the bleacher area of the arena for the presentation of the 2019 Verlen Kruger Award.

2003	2004	2005	2006
Verlen Kruger	James C. Woodruff	Janet Gross & Dave McCune	Gloria Miller
2007	2008	2009	2010
Albert Schultz	Dan Smith & Mike Smith	Karl Pearson	Charlie Parmelee
2011	2012	2013	2014
Doug Carter	Jay Hanks	Russ Hicks	Jean Kinnear
2015	2016	2017	2018
Ron Sell	Tiffany & Patrick Van DeHey	Dean Sandell	Tom & Connie Cannon
2019			
Hugh Walton	"Skill and strength are less important than spirit		

when facing the unknown." Verlen Kruger

# AGENDA AT A GLANCE

9:30 – 10:30 am	B	Bug-Proofing Your Camp   Cliff Jacobson	Auditorium Main Stage
	$\times$	Islands of the Great Lakes   Loreen Niewenhuis	Grand River Room
	$\times$	Sailboat Racing Discussion Using a Fully Rigged Small Racing Boat   <i>Peggy Menzies</i>	AuSable River Room
	<b>1</b> 1	Backcountry Cooking: Simple and Satisfying Solutions   Chris Hanna	Betsie River Room
10:45 – 11:45 am	<b>X</b> 1X1	The Trails of M-22   Jim DuFresne	Auditorium Main Stage
	ŧ	Boundary Waters, Turkey River, Appalachian Trail Wilderness Trekking with Kids!!   Darlene Patterson	Grand River Room
	Ā	Triathlons for ANY Body   Carrie Rivette	Au Sable River Room
	<b>%</b> 1%	Hidden in the Trees, An Isle Royal Sojourn   Vic Foerster	Betsie River Room
12:00 – 12:45 pm	$\times$	Paddling the Missinaibi River   Jay Hanks	Auditorium Main Stage
	$\times$	Missouri River Voyage: From the Rockies to the Mississippi   Gary and Linda De Kock	Red Cedar Room
	$\times$	Paddling the Full Length of the Thames River in SW Ontario   Kevin Callan	Grand River Room
	<b>i</b>	Building Youth Leadership Through Paddling   Andrea Knepper	Au Sable River Room
	$\times$	Paddling Safely: Avoiding Danger, Not Adventure   Ryan Engemann, Michael Gray	Betsie River Room
1:00 – 1:45 pm	<b>%</b> 1%1	100 Miles of Rabbit Track: Hiking Across the Boundary Waters   Tom Funke	Auditorium Main Stage
	5	Songs About Paddling, Camping and the Great Outdoors   Jerry Vandiver	Red Cedar Room
	P	Microadventures: How to Find Fun Close to Home   Nick Meekhof	Grand River Room
	$\times$	Paddle the Whale Tail–Ontario's Superior Coast–Silver Islet to Rossport   <i>David Wells</i>	Au Sable River Room
		SCUBA Diving the Great Lakes   Kim Parker	Betsie River Room

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## AGENDA AT A GLANCE

2:00 – 2:45 pm	$\times$	Island Hopping the Lake Michigan Archipelago by Sea Kayak   Henry Davies	Auditorium Main Stage
	B	Pushing the Boundaries of Solo Camping   Christina Scheuermann	Red Cedar Room
	<b>1</b> 17	Cooking Secrets   Cliff Jacobson	Grand River Room
	$\times$	Get Started Canoeing, Now!   Lynn Dominguez	Au Sable River Room
	Ā	Paddle, Bike, & Hike-Explore Antrim County   Deana Jerdee	Betsie River Room
3:00 – 3:45 pm	$\times$	A Paddle Around Algonquin Provincial Park   Kevin Callan	Auditorium Main Stage
	$\times$	Paddling Safety and Hazardous Waters, What to Know Before You Go   Jonathan Ahlbrand	Red Cedar Room
	$\times$	Whitewater Rafting the Grand Canyon-Phantom Ranch to Lake Mead   Mark Walton, Hugh Walton	Grand River Room
	111	"Just Add Water"–Healthy and Affordable Expedition Meals   LaNae Abnet	Au Sable River Room
		Voyage of the Hugh Heward Party/Hugh Heward Challenge   Loretta Crum, Charlie Parmalee, Matt Turner	Betsie River Room
4:00 – 5:00 pm	A	Travel Like a Wilderness Guide, Tips from 1,000 Trips   Rob Kesselring	Auditorium Main Stage
	<b>%</b> 1%1	A Thru-Hiker's Journey: 2013 Thru-Hike of the North Country Trail   Luke Jordan	Red Cedar Room
		The Yukon Journey Charitable Expedition   John Van Barriger	Grand River Room
	▲	Building Schooner Huron Jewel, a 78 Foot Gaff Rigged Schooner   Julie and Hugh Covert	Au Sable River Room
	<b>X</b> 1 X1	The Great Lake to Lake Trails and Inland Water Trails   Bob Wilson, Mike Morrison	Betsie River Room

## SESSION ROOMS



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## AGENDA

## 9:30 – 10:30 am

## Bug-Proofing Your Camp | Cliff Jacobson

**Auditorium Main Stage** 

If you want to get eaten alive by bugs, go to the Canadian Arctic in June. The black flies and mosquitoes which live there weigh more than ten times as much as all the plants and animals put together! An acre of swarming bugs could drain all your blood in about three days! Learn how to resist your enemies with repellents, insecticides, nets and clothing. Recommendations for children and pets, included.

#### Islands of the Great Lakes | Loreen Niewenhuis

**Grand River Room** 

This dynamic presentation will take you to islands throughout the Great Lakes basin. It also explores scientific research projects that Niewenhuis assisted with during her island odyssey. From the wolf-moose study on Isle Royale to the conservation of the endangered piping plover on the Manitou Islands, Niewenhuis will open her audience's eyes and minds to the complexity of life on our Great Lakes islands.

#### Sailboat Racing Discussion Using a Fully Rigged Small Racing Boat | Peggy Menzies

#### **AuSable River Room**

National 420 Champion Peggy Menzies will discuss proper sail trim, tactics and strategy used to ace and win! An engineer and graduate of the Navel Academy, Peggy was recruited by the Academy in Annapolis Maryland, and along with her crew won a national championship against all other collegiate teams that qualified to participate. Her insight will prove invaluable to both the serious and casual racer.

## Backcountry Cooking: Simple and Satisfying Solutions | Chris Hanna

**Betsie River Room** 

Assembling food and equipment for backcountry travel is about balancing taste, nutrition, and portability. The presentation will provide key ingredients, food options, packing strategies, resources, taste tests, equipment and a pinch of silliness. Specifically, cost-savings, quick cooking, fuel saving, wow factor, and spices. There will be something for everyone's taste buds, especially first-timers. Every trip provides another opportunity for doing better.

Please join us at 2:00 pm today in the bleacher area of the arena for the award presentations.

THE 2019 STACY SMITH **OUTSTANDING VOLUNTEER AWARD**  THE 2019 VERLEN **KRUGER AWARD** 







## AGEND

## 10:45 – 11:45 am

#### The Trails of M-22 | Jim DuFresne

**Auditorium Main Stage** 

M-22 wraps around Leelanau Peninsula and is guintessential Northern Michigan, a spectacular landscape of dunes and orchards and beaches and vineyards surrounded by a freshwater sea and dotted with small towns and harbors. And while wine tasters, beach bunnies and leaf peepers follow the state highway in search of their sought-after indulgences, it is hikers who are truly blessed on a drive along this rolling ribbon of asphalt.

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#### Boundary Waters, Turkey River, Appalachian Trail... Wilderness Trekking with Kids!!

#### Darlene Patterson | Grand River Room

Lions, and tigers, and bears...Oh, MY!! Afraid to take kids into the wilderness because you think they will collide with danger? No, I didn't think so. Real fear comes from taking them on a wilderness adventure and having them whine and complain endlessly. Keeping kids involved and engaged is key to a successful wilderness excursion. Join our tramily as we share ideas on how to make your next kid wilderness adventure fun for everyone.

#### Triathlons for ANY Body | Carrie Rivette

AuSable River Room

This is for anyone who's ever thought of doing a triathlon or is just curious about them. You'll learn about my journey from couch to half Ironman, how to get started yourself, and the amazing people this oversized athlete has met along the way. I'll tell of the physical limitations I've overcome and of course top it off by showing the amazing waters I've swam in.

## Hidden in the Trees, An Isle Royale Sojourn | Vic Foerster

**Betsie River Room** 

'Hidden in the Trees, An Isle Royale Sojourn' is a presentation about Vic's month-long sojourn on Isle Royale National Park. Award winning author, consulting arborist, former chairperson to the DNR's urban forestry advisory council, Vic shares the intimate story of this arborist's 37 years of visits to this spectacular wilderness island.

Save the Date! March 7, 2020

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## AGENDA

12:00 – 12:45 pm

## Paddling the Missinaibi River | Jay Hanks

**Auditorium Main Stage** 

The Missinaibi River provided a trade route from Hudson Bay to Lake Superior with its connection to the Michipicoten River. Today, paddlers explore its waters for recreation and adventure. Paddling on the Missinaibi brings back the echoes of past explorers and conjures up new visions of discovery. Join us for a paddler's perspective over time and distance.

#### Missouri River Voyage: From the Rockies to the Mississippi | Gary and Linda De Kock

**Red Cedar Room** 

Canoe America's longest river with Gary and Linda, 2,341 miles through seven states from Three Forks, Montana to St. Louis, Missouri. Share the highs and lows of their 86 day adventure, from paddling through the most beautiful scenery imaginable to surviving a tornado in a vault toilet. At flood stage, the river was fast, and campsites without cows were hard to find. As Gary described it, the trip was not for the faint of heart!

#### Paddling the Full Length of the Thames River in SW Ontario | Kevin Callan

**Grand River Room** 

Author Kevin Callan paddled the full length of the Thames River in southwestern Ontario. It runs 300 plus kilometers and is the most southern watercourse in Canada. The trip had a bit of Huck Finn flavor to it. The Thames is an urban river with farms, cities and small hamlets found along the way. Kevin had to think outside the box on t his one, making for one incredible misadventure.

## Building Youth Leadership Through Paddling | Andrea Knepper

**AuSable River Room** 

We've all heard the concern about the fact that the Paddling Community is aging, and how to attract youth to the sport and keep them in this community. At Chicago Adventure Therapy, we believe that to authentically welcome young people into the paddling community we need to develop them as leaders in the sport. Come hear young paddlers' often humorous stories of embracing paddlesports while having to patiently translate current culture to "more mature" paddlers.

#### Paddling Safely: Avoiding Danger, Not Adventure | Ryan Engemann, Michael Gray

**Betsie River Room** 

This presentation from the American Canoe Association will discuss the risks involved in paddling and how to stay safe while having fun on the water. Topics include: Decision making, skills, appropriate dress/equipment, gear, planning, and general safety. It will also include resources for further training and education.





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## AGEND

## 1:00 – 1:45 pm

## 100 Miles of Rabbit Track: Hiking Across the Boundary Waters | Tom Funke

#### **Auditorium Main Stage**

Join Funke as he advises those wishing to hike the most remote and rugged 100 mile stretch of the North Country Trail. The Border Route & Kekekkabic Trails traverse the Boundary Waters Wilderness Canoe Area in Northern Minnesota, crossing only two roads and having two long stretches with no roads or access.

#### Songs About Paddling, Camping and the Great Outdoors

Jerry Vandiver and Lacie Carpenter | Red Cedar Room A fun musical approach to our paddling addictions! Singer/songwriter Jerry Vandiver along with fiddle player extraordinaire Lacie Carpenter perform original songs about everything outdoors. From "Camp Coffee" to "Leave No Trace" to "Too Many Boats", this will be a unique and enjoyable presentation for the QWS experience.

#### Microadventures: How to Find Fun Close to Home | Nick Meekhof **Grand River Room**

Wish you could live that Instagram mountaintop life, but don't have any free weekends? Are cross-country road-trips a little too impractical? What kind of adventure can you have on a weeknight when it's dark at 5:00pm and raining? This presentation is about making the most of your local area. Outdoor adventures can be had in any amount of time, in any weather, in any place. You just have to know where to look.

#### Paddle the Whale Tail–Ontario's Superior Coast–Silver Islet to Rossport | David Wells

#### AuSable River Room

Are you an intermediate or advanced paddler looking for a bucket list paddling experience in a friendly foreign country? Consider the 85 mile remote coastline from Silver Islet near Thunder Bay to the quaint community of Rossport, Ontario. Expect glimpses of surprising rock formations, magnificent boreal forests, soaring eagles, lighthouse viewscapes, cool campsites and hot wilderness saunas. Learn about local paddling etiquette, safety considerations, rules and regs and the best time to go.

#### SCUBA Diving the Great Lakes | Kim Parker

#### **Betsie River Room**

The Great Lakes offer an opportunity for several water sports, kayaking, windsurfing, and scuba diving, just to name a few. An opportunity to SCUBA dive in the lakes that surround our great state of Michigan is one that divers don't forget. Diving on the hundreds, if not thousands of wrecks that lay in our waters, is always an adventure. Diving the Great Lakes requires training, passion and a sense of adventure!









## AGENDA

## Island Hopping the Lake Michigan Archipelago by Sea Kayak | Henry Davies

Auditorium Main Stage

2:00 – 2:45 pm

Three of us started on the shore of Michigan's UP and paddled towards an invisible island to start our adventure of visiting 9 islands in the Lake Michigan Archipelago. These islands including Squaw, Beaver, and South Fox. One goal was to see the impressive dunes of South Fox Island; which we had seen from afar from North Manitou Island in 2016 and dubbed the Dr Seuss Island due to the mirages acting on it.

#### Pushing the Boundaries of Solo Camping | Christina Scheuermann

Red Cedar Room

After solo camping for a few years, this year Christina was able to push the boundaries of solo camping, going to more remote and challenging areas. She's been on some tough trips, but it has been worth the challenge to be able to explore such incredible places.

#### Cooking Secrets | Cliff Jacobson

Grand River Room

A wealth of food ideas that will make your canoeing and camping trips more fun. Emphasis is on fast-to-prepare entrées that take no more than 20 minutes to make. Discover Pita pizza, Tortilla Melts, Northwoods Stir Fry, garlic-cheese pita melts and egg McPita, caramel tortilla's, and tricks for preparing meals in cold blustery weather, and for large groups.

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#### Get Started Canoeing, Now! | Lynn Dominguez

AuSable River Room Have you thought about canoeing but don't know how to get started? Are you wondering what kind of canoe to purchase? Is a canoe the best choice for your family? Did you try to canoe once but the canoe wouldn't go straight? Are you wondering where to go in Michigan to canoe and camp? Find out the answers and more. Join Lynn Dominguez, an ACA certified canoe Instructor Trainer to explore the world of canoeing!

#### Paddle, Bike, & Hike–Explore Antrim County | Deana Jerdee

Betsie River Room

Come explore great ways to play in Northwestern Michigan's Antrim County. Join Paddle Antrim on the Chain of Lakes, a system of 14 connected lakes and rivers with over 80 miles of water trail. Explore Grass River Natural Area's almost 1500 acres with a year-round nature center and seven miles of trail. Check out Glacial Hills with 31.5 miles of professionally designed biking/hiking trails. You will be planning your next trip before you leave!









## AGEND

## 3:00 – 3:45 pm

## A Paddle Around Algonquin Provincial Park | Kevin Callan

**Auditorium Main Stage** 

Author Kevin Callan presents on his three week canoe trip around Ontario's Algonquin Provincial Park, consisting of 98 portages, adding up to 68 miles of portaging. His buddy Andy joins him - but wishes he didn't. This one is epic. Don't miss it.

#### Paddling Safety and Hazardous Waters, What to Know Before You Go | Jonathan Ahlbrand **Red Cedar Room**

Hazardous waters are one of the key contributing factors to paddling fatalities. Every spring paddlers take to the water without consideration of the inherent risk that hazardous waters pose. This presentation provides insight into understanding the nature of hazardous waters and offers strategies for risk management. Most importantly, it empowers the learner with the information they need to be safe when paddling.

#### Whitewater Rafting the Grand Canyon-Phantom Ranch to Lake Mead

#### Mark Walton, Hugh Walton | Grand River Room

Follow the Walton Brothers as they make their "bucket list" whitewater rafting trip down the Colorado River in the Grand Canyon, following in the footsteps of John Wesley Powell. This trip started with a 9.7 mile hike from the South Rim down the Bright Angel Trail to Phantom Ranch. They then jumped in whitewater rafts for a 192 mile trip down the Colorado River to Lake Mead. Come join them for the adventure.

## Just Add Water"–Healthy and Affordable Expedition Meals | LaNae Abnet

**AuSable River Room** 

It was clear to LaNae that affordable, and healthy adventure meals are not readily available. Prepackaged meals are cost prohibitive and the ingredients difficult to pronounce, creating an uncertainty about what she puts into her body. So, she is determined to use what she grows in her garden and her husband hunts, to dehydrate breakfastslunches-dinners-deserts-snacks for all their expedition trips. Let her show you how.

### Voyage of the Hugh Heward Party/Hugh Heward Challenge

Loretta Crum, Charlie Parmalee, Matt Turner | Betsie River Room Listen as Matt Turner describes how the 1790 British explorer Hugh Heward and his men paddled their canoes 465 miles across the Lower Peninsula to Chicago, traveling up the Huron River and down the Grand. Then hear Charlie Parmalee recount his own "Ultimate Hugh Heward Challenge" in 2008 and 2009, retracing Heward's travels. Loretta Crum will finish with a recap of the annual 50-mile Hugh Heward Challenge and plans for Grand River

Expedition 2020.









## AGENDA

## 4:00 – 5:00 pm

#### Travel Like a Wilderness Guide, Tips from 1,000 Trips | Rob Kesselring

**Auditorium Main Stage** 

Canoe camping tips and secrets gleaned from decades of wilderness river travels in Canada, Alaska, the Boundary Waters, the desert Southwest, Australia, South America and Africa. Kesselring will pack in as much useful stuff and instructive stories and pictures as time allows. An entertaining, information-packed session from one of the most experienced canoe guides in North America.

## A Thru-Hiker's Journey: 2013 Thru-Hike of the North Country Trail | Luke Jordan

**Red Cedar Room** 

Come hear a story about a hiker's journey over the nation's longest scenic trail, what he calls the "crown jewel" of the national scenic trail system. Chronicling a journey of 4600 miles, it's a story of struggle to overcome obstacles and to continue on in the pursuit of achieving goals and personal growth. Follow along as he traverses this trail of great diversity from the plains of North Dakota to the high peaks of the Adirondacks.

#### The Yukon Journey Charitable Expedition | John Van Barriger **Grand River Room**

In the summer of 2018, five canoeists and kayakers from three countries set out on an ambitious trip to paddle the Yukon River from source-to-sea, all while raising funds for rural and wilderness first responders. The team encountered numerous challenges, from harsh weather and hypothermia to health concerns and family emergencies. However, these challenges were offset by incredible scenery, abundant wildlife, and northern hospitality. This presentation also features video and photographs from the upcoming documentary.

#### Building Schooner Huron Jewel, a 78 Foot Gaff Rigged Schooner | Julie and Hugh Covert

**AuSable River Room** 

What does it take to build a tall ship? Capt Hugh Covert and his wife Julie, of Drummond Island, MI, give a show and tell presentation about working for three years, seven days a week, to build Schooner Huron Jewel, with the help of over 50 volunteers and 24 gallons of peanut butter pretzels. Come see why it was worth them emptying their retirement accounts to make this Great Lakes dream a reality.

#### The Great Lake to Lake Trails and Inland Water Trails | Bob Wilson, Mike Morrison

#### **Betsie River Room**

Update on the Great Lake to Lake Trail Route #1-the building of the state's first, fully-signed destination trail that will allow users to ride from South Haven to Port Huron and the accompanying ride that will take place in September of 2019. Update on the DNR's new inland water trail designation program. Update on legislation related to both land and water trails.







## THE 2019 STACY SMITH OUTSTANDING VOLUNTEER AWARD

President George H. W. Bush spoke of the importance of being a volunteer. His "Thousand Points of Light" speech moved a nation to recognition of those thousands and thousands that dedicate themselves to the aid of humanity and the many causes, movements and organizations that help to make this world a better place. Some of those "Points" shine brighter than others. President Jimmy Carter can't swing a hammer without twenty news organization cameras broadcasting it to the world. Still his example is one to be emulated. The Quiet Water Society has decided that it is time to place our light on some our own shining examples. Each year, thousands of selfless individuals, as supporters of the Quiet Water Society and the hundreds of organizations that participate in this symposium, donate countless hours, talents and money to the causes that make our world a better place. All of them are deserving of recognition for their contributions. Of these "Points of Lights," there are some whose dedication and quiet fortitude make the whole thing work. The first one there, the last to leave and the one person to whom everyone knows you can go for that little bit extra that we just can't pull it off without. Oddly it often seems that person steps to the back when the laurels are handed out. The person who is just as happy to see others get the credit and is rewarded by the success of the organization. Those volunteers are the ones that every organization, movement or cause leader hopes for and treasures the most.

The Stacy Smith Outstanding Volunteer Award was presented for the first time at the Quiet Water Symposium in 2018 to her family in memory of her many years of volunteer service to her many causes and her selfless dedication to the paddling community. The award was designed to be given annually to a volunteer deserving of recognition for the qualities that Stacy exemplified.

#### THIS YEAR'S WINNER

**Rich Bailey** has been a part of the Quiet Water Symposium since the first show in 1996. His contributions as a planning committee member, board member, and lead volunteer have enhanced the show's growth and focus on quality and conservation. Rich's love of paddle sport and the natural world have influenced and will continue to inspire those around him. He is a shining example of the mission of the Quiet Water Society, and this year we are proud to honor him with The Stacy Smith Outstanding Volunteer Award.

24th Annual Quiet Water Symposium | March 2, 2019

Please join us at 2:00 pm today in the bleacher area of the arena for the award presentation.

## LaNae Abnet



#### "Just Add Water"- Healthy and Affordable Expedition Meals

It was clear to LaNae that affordable, and healthy adventure meals are not readily available. Prepackaged meals are cost prohibitive and the ingredients difficult to pronounce, creating an uncertainty about what she puts into her body. So, she is determined to use what she grows in her garden and her husband hunts, to dehydrate breakfasts-lunches-dinners-deserts-snacks for all their expedition trips. Let her show you how.

LaNae Abnet has cycled the Appalachian Mountains, kayaked in the Arctic, train hopped through the interior Canadian wilderness, paddled the big waters of Lake Huron and is the first woman ever to kayak the 1600 mile source-to-sea journey from the headwaters of the Wabash River to the Gulf of Mexico. LaNae is an avid gardener and uses food hunted and grown on her property to dehydrate and vacuum pack healthy and affordable adventure meals.

## Jonathan Ahlbrand



**Paddling Safety and Hazardous Waters, What to Know Before You Go** Hazardous waters are one of the key contributing factors to paddling fatalities. Every spring paddlers take to the water without consideration of the inherent risk that hazardous waters pose. This presentation provides insight into understanding the nature of hazardous waters and offers strategies for risk management. Most importantly, it empowers the learner with the information they need to be safe when paddling.

Jonathan is an active member of the United States Coast Guard Auxiliary and the Public Affairs Officer for the Lansing Flotilla. He is boat crew qualified and operationally certified. As a USCG Auxiliary leader, he focuses on public education and "on the water safety" for all.

## Kevin Callan



## Kevin Paddled the Full Length of the Thames River in Southwestern Ontario

Author Kevin Callan paddled the full length of the Thames River in southwestern Ontario. It runs 300 plus kilometers and is the most southern watercourse in Canada. The trip had a bit of Huck Finn flavor to it. The Thames is an urban river with farms, cities and small hamlets found along the way. Kevin had to think outside the box on this one, making for one incredible misadventure.

A paddle around Algonquin Provincial Park Author Kevin Callan presents on his three week canoe trip around Ontario's

Algonquin Provincial Park, consisting of 98 portages, adding up to 68 miles of portaging. His buddy Andy joins him - but wishes he didn't. This one is epic. Don't miss it.

Kevin (aka The Happy Camper) is the author of 17 books; his latest being Top 60 Canoe Routes of Ontario. He is an award winning filmmaker and a keynote speaker at outdoor events across North America. Kevin is also a regular guest on several television morning shows and CBC Radio. He writes a column for Paddling Magazine and Explore Magazine. Check out his web site at www.kevincallan.com and YouTube channel KCHappyCamper.

## Julie and Hugh Covert



#### Building Schooner Huron Jewel, a 78 ft Gaff Rigged Schooner

What does it take to build a tall ship? Capt Hugh Covert and his wife Julie, of Drummond Island, MI, give a show and tell presentation about working for three years, seven days a week, to build Schooner Huron Jewel, with the help of over 50 volunteers and 24 gallons of peanut butter pretzels. Come see why it was worth them emptying their retirement accounts to make this Great Lakes dream a reality.

Captain Hugh Covert has been sailing and boat building since he was four. He holds a USCG 500 Ton Near Coastal Masters license. With over four decades of experience, he has been at the helm of modern and traditional vessels—from tugboats to brigantines and tall masted schooners.

Julie Covert, photographer, author, and newspaper publisher, is not afraid of hard work. She grew up in her father's woodworking shop and loves anything related to water.

## Henry Davies



#### Island Hopping the Lake Michigan Archipelago by Sea Kayak

Three of us started on the shore of Michigan's UP and paddled towards an invisible island to start our adventure of visiting 9 islands in the Lake Michigan Archipelago. These islands including Squaw, Beaver, and South Fox. One goal was to see the impressive dunes of South Fox Island; which we had seen from afar from North Manitou Island in 2016 and dubbed the Dr Seuss Island due to the mirages acting on it.

Henry has been paddling nearly all his life, including multi-day trips in BWCAW, Pukaskwa, Isle Royale, Grand Island, Sleeping Bear Dunes, the Keweenaw Peninsula and the "Grand Traverse" between the UP of Michigan and Door County Wisconsin. Henry is a sea kayak guide in the Pictured Rocks, an ACA Coastal Kayak instructor, and has been teaching sea kayaking in Michigan, Wisconsin and Minnesota for over a decade. His passion is paddling with a Greenland Paddle.

## Linda and Gary DeKock



#### Missouri River Voyage: From the Rockies to the Mississippi

Canoe America's longest river with Gary and Linda, 2,341 miles through seven states from Three Forks, Montana to St. Louis, Missouri. Share the highs and lows of their 86 day adventure, from paddling through the most beautiful scenery imaginable to surviving a tornado in a vault toilet. At flood stage, the river was fast, and campsites without cows were hard to find. As Gary described it, the trip was not for the faint of heart!

Gary and Linda have been paddling together for almost 50 years, and they are still married and on speaking terms. After retiring five years ago, they began longer expeditions, including the 2,291 mile Mississippi River Voyage and the 1,173 mile Five Rivers Voyage. They feel privileged to be able to do what they love to support their favorite cause. To date, their voyages have raised over \$66,000 for Water For People.

## Lynn Dominguez



#### Get Started Canoeing, Now!

Have you thought about canoeing but don't know how to get started? Are you wondering what kind of canoe to purchase? Is a canoe the best choice for your family? Did you try to canoe once but the canoe wouldn't go straight? Are you wondering where to go in Michigan to canoe and camp? Find out the answers and more. Join Lynn Dominguez, an ACA certified canoe Instructor Trainer to explore the world of canoeing!

Lynn is a Ph.D. Professor, Central Michigan University, Outdoor and Environmental Recreation program. State Park Interpreter, 5 years. Level 3 ACA Freestyle Canoe Instructor, Level 2 ACA Essentials of Canoe Touring Instructor Trainer, Level 3 ACA Coastal Kayaking Instructor, Level 1 ACA Stand-up Paddleboard Instructor, Leave No Trace Master Educator. 25 years of paddling and camping experience beginning in the backwaters of Virginia and now on the lakes and rivers of the Midwest.

## Jim Dufresne



#### The Trails of M-22

M-22 wraps around Leelanau Peninsula and is quintessential Northern Michigan, a spectacular landscape of dunes and orchards and beaches and vineyards surrounded by a freshwater sea and dotted with small towns and harbors. And while wine tasters, beach bunnies and leaf peepers follow the state highway in search of their sought-after indulgences, it is hikers who are truly blessed on a drive along this rolling ribbon of asphalt.

With the exception of three years working as the outdoors editor of the Juneau Empire in Alaska, Jim DuFresne, is a lifelong resident of Michigan. Most of his career has been focused on trails and wilderness adventure and today he is a contributor to MichiganTrailMaps.com. DuFresne is also the author of 20 guidebooks, including Isle Royale National Park: Foot Trails & Water Routes, 50 Hikes in Michigan, Backpacking in Michigan and The Trails of M-22. 24th Annual Quiet Water Symposium | March 2, 2019

## PRESENTERS

## Ryan Engemann and Michael Gray





## Vic Foerster



#### is an ACA L3 Coastal Kayak Instructor. He loves kayaking big waves and teaching

skills to young paddlers.

Paddling Safely: Avoiding Danger, Not Adventure

also include resources for further training and education.

#### Hidden in the Trees, An Isle Royale Sojourn

'Hidden in the Trees, An Isle Royale Sojourn' is a presentation about Vic's month-long sojourn on Isle Royale National Park. Award winning author, consulting arborist, former chairperson to the DNR's urban forestry advisory council, Vic shares the intimate story of this arborist's 37 years of visits to this spectacular wilderness island.

This presentation from the American Canoe Association will discuss the risks involved in paddling and how to stay safe while having fun on the water. Topics include: Decision making, skills, appropriate dress/equipment, gear, planning, and general safety. It will

With nearly 30 years in the business, Michael Gray is one of the most experienced

Greenland to Antarctica. He is an ACA Level 3 Coastal Kayak IT and a Level 4 instructor. He also holds certifications in Canoe and SUP instruction. Ryan Engemann

instructors and guides in the country. He's led trips all over the world from

Vic has 37-years of visits to Isle Royale. Author of two award-winning books about Isle Royale. Forty year career as an arborist, past chairperson to the Michigan DNR's urban forestry advisory council. Tree Care consultant for several universities, municipalities and the State of Michigan. National magazine columnist on Tree Care. Outdoor enthusiast. Family man who worked for several years on the island. General all-around 'good guy'.

## Thomas Funke



#### 100 miles of Rabbit Track: Hiking across the Boundary Waters

Join Funke as he advises those wishing to hike the most remote and rugged 100 mile stretch of the North Country Trail. The Border Route & Kekekkabic Trails traverse the Boundary Waters Wilderness Canoe Area in Northern Minnesota, crossing only two roads and having two long stretches with no roads or access.

Tom Funke is the author of "50 Hikes on the North Country Trail" and "50 Hikes in Michigan's Upper Peninsula", and he has hiked over 2000 miles of this National Scenic Trail. Funke is also the owner of Trailspotters, an outfitting company specializing in spotting canoers and backpackers.

## Jay Hanks



## Chris Hanna



#### Paddling the Missinaibi River

The Missinaibi River provided a trade route from Hudson Bay to Lake Superior with its connection to the Michipicoten River. Today, paddlers explore its waters for recreation and adventure. Paddling on the Missinaibi brings back the echoes of past explorers and conjures up new visions of discovery. Join us for a paddler's perspective over time and distance.

Jay Hanks has been paddling and hiking for over 40 years in Michigan, the Eastern United States, and Canada. He has guided outdoor adventures for college students, and is the current President of the Lansing Oar and Paddle Club. He is the 2012 recipient of the Verlen Kruger award, and is a published photographer and writer. Jay is continuing to lead paddling and hiking trips for the Club.

#### Backcountry Cooking: Simple and Satisfying Solutions

Assembling food and equipment for backcountry travel is about balancing taste, nutrition, and portability. The presentation will provide key ingredients, food options, packing strategies, resources, taste tests, equipment and a pinch of silliness. Specifically, cost-savings, quick cooking, fuel saving, wow factor, and spices. There will be something for everyone's taste buds, especially first-timers. Every trip provides another opportunity for doing better.

Chris loves to paddle, camp, and cook beginning in Boy Scouts, family canoe trips, and beyond. His philosophy and practice for packing and preparing food has evolved over the years to promote satisfaction and efficiency. For the past four summers he has worked at the Canadian Border Outfitters in Ely, MN packing food for backcountry trips in the Boundary Waters Canoe Area and Quetico Provincial Park.



Williams Subaru 525 N. Howard St., Lansing LansingSubaru.com 1.866.752.9939 We at Williams Subaru are thrilled to be continuing our sponsorship of the Quiet Water Symposium (QWS). The QWS promotes enjoyment and responsible stewardship of our natural environment through invaluable learning opportunities, products and resources.

The QWS brings together a community of like-minded individuals and businesses working to advance a common goal: preserving and enjoying all the fresh water activities we have here in Michigan and beyond.

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## Cliff Jacobson



#### **Bug-Proofing Your Camp**

If you want to get eaten alive by bugs, go to the Canadian Arctic in June. The black flies and mosquitoes which live there weigh more than ten times as much as all the plants and animals put together! An acre of swarming bugs could drain all your blood in about three days! Learn how to resist your enemies with repellents, insecticides, nets and clothing. Recommendations for children and pets, included.

#### **Cooking Secrets**

A wealth of food ideas that will make your canoeing and camping trips more fun. Emphasis is on fast-to-prepare entrées that take no more than 20 minutes to make. Discover Pita pizza, Tortilla Melts, Northwoods Stir Fry, garlic-cheese pita melts and egg McPita, caramel tortilla's, and tricks for preparing meals in cold blustery weather, and for large groups.

Cliff Jacobson is a retired environmental science teacher, an outdoors skills instructor, a canoeing and camping consultant, and the author of more than a dozen top-selling books and a popular video. His flagship book, Canoeing Wild Rivers, 5th Edition is the premier text for canoeing wilderness rivers. Cliff is a distinguished Eagle Scout, a recipient of the American Canoe Association's prestigious Legends of Paddling Award and a member of the ACA Hall of Fame.

## Deana Jerdee, James Dake, Bob Holtzmann



#### Paddle, Bike, & Hike - Explore Antrim County

Come explore great ways to play in Northwestern Michigan's Antrim County. Join Paddle Antrim on the Chain of Lakes, a system of 14 connected lakes and rivers with over 80 miles of water trail. Explore Grass River Natural Area's almost 1500 acres with a year-round nature center and seven miles of trail. Check out Glacial Hills with 31.5 miles of professionally designed biking/hiking trails. You will be planning your next trip before you leave!

Deana is an ACA kayak instructor and Paddle Antrim's Executive Director, leading the Chain of Lakes Water Trail. She is committed to connecting people to nature through paddling.

James Dake is Grass River Natural Area's Education Director. He is a certified teacher and interpretive guide and authored Grass River's Fieldguide to Northwest Michigan.

Bob Holtzmann is with Friends of Glacial Hills. He is an avid outdoorsman and knows the ins and outs of Glacial Hills.

## Luke Jordan



Rob Kesselring



## Andrea Knepper



#### A Thru-Hiker's Journey: 2013 thru-hike of the North Country Trail

Come hear a story about a hiker's journey over the nation's longest scenic trail, what he calls the "crown jewel" of the national scenic trail system. Chronicling a journey of 4600 miles, it's a story of struggle to overcome obstacles and to continue on in the pursuit of achieving goals and personal growth. Follow along as he traverses this trail of great diversity from the plains of North Dakota to the high peaks of the Adirondacks.

Luke grew up in Minnesota and started backpacking during his college years. After graduation he was ready to strap on his pack and pursue a dream to attempt a grand adventure over the North Country Trail. He succeeded, and became the 4th person to successfully thru-hike the trail. He now resides in Grand Rapids and works full-time for the North Country Trail, National Park Service office.

#### Paddling the Missinaibi River

Canoe camping tips and secrets gleaned from decades of wilderness river travels in Canada, Alaska, the Boundary Waters, the desert Southwest, Australia, South America and Africa. Kesselring will pack in as much useful stuff and instructive stories and pictures as time allows. An entertaining, information-packed session from one of the most experienced canoe guides in North America.

Rob is a veteran of 29 arctic canoe expeditions, 80 BWCAW-Quetico trips and he has paddled over 150 rivers worldwide. A licensed Guide in the Boundary Waters, Big Bend, and Gates of the Arctic National Parks. He is the author of three books: Merlyn Carter Bush Pilot, River Stories, and Daughter Father Canoe. Rob has spoken at many Canoe Expos in the United States and Canada. He typically spends 300 nights a year camping, guide service anywhere.

#### **Building Youth Leadership Through Paddling**

We've all heard the concern about the fact that the Paddling Community is aging, and how to attract youth to the sport and keep them in this community. At Chicago Adventure Therapy, we believe that to authentically welcome young people into the paddling community we need to develop them as leaders in the sport. Come hear young paddlers' often humorous stories of embracing paddlesports while having to patiently translate current culture to "more mature" paddlers.

Andrea is a life-long water-lover, a British Canoeing 5 Star Leader, and the founder of Chicago Adventure Therapy (CAT). Young paddlers with CAT, along with adult regional paddlers, have created the CAT Paddling Community (CAT PC). Over several years, this community has paddled and coached in 8 states and 3 countries. Andrea and CAT PC youth paddlers will facilitate this presentation together.

## Nick Meekhof



#### Microadventures: How to Find Fun Close to Home

Wish you could live that Instagram mountaintop life, but don't have any free weekends? Are cross-country road-trips a little too impractical? What kind of adventure can you have on a weeknight when it's dark at 5:00pm and raining? This presentation is about making the most of your local area. Outdoor adventures can be had in any amount of time, in any weather, in any place. You just have to know where to look.

Nick is a Calvin College grad who studied writing and geography. He currently travels the state for the Michigan Department of Agriculture, and writes on the side for publications like GR Healthy Living and The Post Calvin. He enjoys finding hidden gems in unconventional places on his lifelong quest explore everything the Wolverine State has to offer. Nick is a firm believer that "there's no such thing as bad weather, only inadequate clothing."

## Peggy Menzies



#### Sailboat Racing Discussion Using a Fully Rigged Small Racing Boat

National 420 Champion Peggy Menzies will discuss proper sail trim, tactics and strategy used to ace and win! An engineer and graduate of the Navel Academy, Peggy was recruited by the Academy in Annapolis Maryland, and along with her crew won a national championship against all other collegiate teams that qualified to participate. Her insight will prove invaluable to both the serious and casual racer.

Peggy is currently a full time engineer at Autodesk Engineering and comes from a family that owns and makes "Quantum Racing Sails"

## Loreen Niewenhuis



#### Islands of the Great Lakes

This dynamic presentation will take you to islands throughout the Great Lakes basin. It also explores scientific research projects that Niewenhuis assisted with during her island odyssey. From the wolf-moose study on Isle Royale to the conservation of the endangered piping plover on the Manitou Islands, Niewenhuis will open her audience's eyes and minds to the complexity of life on our Great Lakes islands.

Loreen has completed a trio of 1,000-mile adventures exploring our Great Lakes. The three books about these journeys have garnered acknowledgments including the "Great Lakes Great Reads" award and making the Heartland Indie Bestseller List. She has given over 200 dynamic presentations across the Midwest. Niewenhuis has a masters degree in the biological sciences.

## Kim Parker



## Darlene Patterson



#### **SCUBA Diving the Great Lakes!**

The Great Lakes offer an opportunity for several water sports, kayaking, windsurfing, and scuba diving, just to name a few. An opportunity to SCUBA dive in the lakes that surround our great state of Michigan is one that divers don't forget. Diving on the hundreds, if not thousands of wrecks that lay in our waters, is always an adventure. Diving the Great Lakes requires training, passion and a sense of adventure!

Kim turned her passion for diving, into a full time job, She owns Aquatic Adventures of MI, LLC. She's been diving for 24 years, and 20 of those years has been teaching people how to dive and explore our under world. She's a PADI Master Instructor, an Emergency First Responder Trainer and an IANTD Recreational Trimix Instructor.

#### Boundary Waters, Turkey River, Appalachian Trail, Wilderness Trekking With Kids!

Lions, and tigers, and bears...Oh, MY!! Afraid to take kids into the wilderness because you think they will collide with danger?? No, I didn't think so. Real fear comes from taking them on a wilderness adventure and having them whine and complain endlessly. Keeping kids involved and engaged is key to a successful wilderness excursion. Join our tramily as we share ideas on how to make your next kid wilderness adventure fun for everyone.

Darlene has wilderness experience including 3 wilderness/cultural trips to the Arctic and one exploring and paddling the Amazon River tributaries and Peruvian rainforest. Nikki and Eric Powers have led Outdoor/Nature clubs on mid-west excursions rock climbing, paddling, hiking, backpacking, and local trips to parks near home in central Indiana. Aiden and Hailey have paddled, backpacked, and rock climbed the Turkey River, Red River Gorge, Appalachian Trail, Boundary Waters, and more.

## Carrie Rivette



#### **Triathlons for ANY body**

This is for anyone who's ever thought of doing a triathlon or is just curious about them. You'll learn about my journey from couch to half Ironman, how to get started yourself, and the amazing people this oversized athlete has met along the way. I'll tell of the physical limitations I've overcome and of course top it off by showing the amazing waters I've swam in.

Carrie started running in 2005 after 17 years of swearing she'd never run again post high school. She did her first marathon in 2006 and her first triathlon in 2008. She and her husband have now completed 13 full marathons and 8 half Ironman distance triathlons. During the day, she's an environmental engineer working as a municipal stormwater manager to protect the water she loves.



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Quiet Water Society on another successful Quiet Water Symposium!

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## **2019 PHOTO WINNERS**

Our thanks to the many photographers who have volunteered to share their efforts for a good cause. Their excellent submissions made the job of the judges a very difficult one. In the end, 12 photos were selected for use in publicizing the 2019 Quiet Water Symposium. These photos were used on our posters, counter cards, billboards, advertisements, calendar and on the cover of this publication. If you recognize these photographers here at the symposium, make sure to stop them and share your appreciation!



Watch our Facebook page for the opportunity to submit your photos for use in the 2020 effort.
# PRESENTERS

## Christina Scheuermann



### Pushing the Boundaries of Solo Camping

After solo camping for a few years, this year Christina was able to push the boundaries of solo camping, going to more remote and challenging areas. She's been on some tough trips, but it has been worth the challenge to be able to explore such incredible places.

Christina, a great lover of the outdoors, started backcountry camping in 2002. She fell in love, and spent years outdoorsing, but it wasn't enough. After starting a blog in 2015, Camper Christina was born and she began solo camping. Christina has spent the last few years heading out on her own and loving every minute of it, going on countless adventures in every season and attempting to inspire others.

## Matt Turner, Charlie Parmalee & Loretta Crum



**The Voyage of the Hugh Heward Party and the Hugh Heward Challenge** Listen as Matt Turner describes how the 1790 British explorer Hugh Heward and his men paddled their canoes 465 miles across the Lower Peninsula to Chicago, traveling up the Huron River and down the Grand. Then hear Charlie Parmalee recount his own "Ultimate Hugh Heward Challenge" in 2008 and 2009, retracing Heward's travels. Loretta Crum will finish with a recap of the annual 50-mile Hugh Heward Challenge and plans for Grand River Expedition 2020.

Matt is a historian and mapmaker who forged an enduring friendship with Jim Woodruff and carries on Jim's research. Charlie, a recipient of the 2010 Verlen Kruger Award, was inspired by Jim's writings to retrace Heward's travels in 2008 and 2009 as Jim tracked the adventure by GPS. Loretta is a board member and past president of the Middle Grand River Organization of Watersheds (MGROW).

## John Van Barriger



### The Yukon Journey Charitable Expedition

In the summer of 2018, five canoeists and kayakers from three countries set out on an ambitious trip to paddle the Yukon River from source-to-sea, all while raising funds for rural and wilderness first responders. The team encountered numerous challenges, from harsh weather and hypothermia to health concerns and family emergencies. However, these challenges were offset by incredible scenery, abundant wildlife, and northern hospitality. This presentation also features video and photographs from the upcoming documentary.

John is an award-winning writer/photographer and former teacher. A lifelong outdoors enthusiast, the Wisconsin resident considers himself outrageously lucky to have hiked, camped, backpacked, biked, motorcycled, paddled or gone scuba diving on five continents. He is president and founder of The Outdoor Kind, LLC, a company founded to raise funds for wilderness first responders and conduct outdoors safetyeducation outreach.

## PRESENTERS

## Jerry Vandiver and Lacie Carpenter



A fun musical approach to our paddling addictions! Singer/songwriter Jerry Vandiver along with fiddle player extraordinaire Lacie Carpenter perform original songs about everything outdoors. From "Camp Coffee" to "Leave No Trace" to "Too Many Boats", this will be a unique and enjoyable presentation for the QWS experience.

With song credits on over 15 million records and paddling credits on countless streams and lakes, Jerry Vandiver has combined his love of music and wilderness paddling by recording four commercially and critically successful CD projects all about paddling and the great outdoors. Sponsored by Northstar Canoes.

## Mark and Hugh Walton



Whitewater rafting the Grand Canyon—Phantom Ranch to Lake Mead Follow the Walton Brothers as they make their "bucket list" whitewater rafting trip down the Colorado River in the Grand Canyon, following in the footsteps of John Wesley Powell. This trip started with a 9.7 mile hike from the South Rim down the Bright Angel Trail to Phantom Ranch. They then jumped in whitewater rafts for a 192 mile trip down the Colorado River to Lake Mead. Come join them for the adventure.

Mark and Hugh are frequent speakers at the Quiet Water Symposium. Both are avid canoeists, adventurers, and sailors, and like to take their Kruger Canoes on extended wilderness trips. Recent extended trips include, multiple trips to the BWCA, Apostle Islands, French River, Missinaibi River, Bustard Islands, Killarney Provincial Park, circumnavigation of Philip Edward Island, Pictured Rocks, Keweenaw Peninsula, Lake Superior Provincial Park and whitewater rafting down the Colorado River in the Grand Canyon.



Paddle The Whale Tail—Ontario's Superior Coast—Silver Islet to Rossport

Are you an intermediate or advanced paddler looking for a bucket list paddling experience in a friendly foreign country? Consider the 85 mile remote coastline from Silver Islet near Thunder Bay to the quaint community of Rossport, Ontario. Expect glimpses of surprising rock formations, magnificent boreal forests, soaring eagles, lighthouse viewscapes, cool campsites and hot wilderness saunas. Learn about local paddling etiquette, safety considerations, rules and regs and the best time to go.

David is the director of Naturally Superior Adventures and Rock Island Lodge located on Lake Superior near Wawa, Ontario. For the past 25 years he has focused on silent sports, especially paddling on Canada's longest wilderness freshwater coast, so we know the ins and outs and hidden gems.

## PRESENTERS

## Bob Wilson and Michael Morrison





### The Great Lake to Lake Trails and Inland Water Trails

Update on the Great Lake to Lake Trail Route #1—the building of the state's first, fully-signed destination trail that will allow users to ride from South Haven to Port Huron and the accompanying ride that will take place in September of 2019. Update on the DNR's new inland water trail designation program. Update on legislation related to both land and water trails.

Bob Wilson, Executive Director of the Michigan Trails and Greenways Alliance. Wilson advocates for trails funding and trails policy in the Legislature and is heading up a team to help build the state's first fully-signed destination trail from South Haven to Port Huron and is working with the DNR to develop criteria for designating inland water trails.

Michael Morrison is the State Water Trails Coordinator for the DNR.

# Enjoy a Little Time Outdoor Time with Your Family



## GRAND PRIZE RAFFLE AND DOOR PRIZES







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### **Grand Prize Raffle**

This prize is available only to those who purchase Grand Prize tickets. These are different from our Door Prize tickets and may be purchased at the Grand Prize display at a cost of \$10.00 each or 3 for \$25.00. These tickets are only for the canoe. Clearly enter your name and phone number on half of the ticket and deposit it at the Win this Canoe table in the Grand Prize drawing. The Grand Prize Mackinaw Watercraft Pere Marquette solo canoe is provided through grants from the Quiet Water Society and Mackinaw Watercraft.

### **Grand Prize Drawing**

The drawing will be held on Saturday, March 2, 2019 at 5:00 pm. You need not be present to win the canoe but you must be available to claim it within 24 hours of the drawing. If the owner of the winning ticket is not in the room when it is drawn, the phone number on the ticket will be called. If the owner of the first winning ticket does not respond within 24 hours, a second ticket will be drawn, and the owner allowed 24 hours to respond and so forth until a winner is found. The raffle license and house rules are on display at the raffle table.

### **Tax Information**

The winner of the Grand Prize will be required to provide proper identification including social security number, to the organizers.

### Get your tickets in the exhibit hall!

### **Door Prize Tickets**

All paid attendees to the show receive one free Door Prize ticket and may enter it at the Door Prize/Information table. Additional Door Prize tickets can be purchased for \$1.00 each or 6 for \$5.00. Door Prize tickets cannot be used for the Grand Prize drawing.

### **Door Prizes**

These are drawn on the hour from 11 AM until 5 PM. All winning tickets must be turned in and all prizes claimed by the end of the show. Prizes will be held until 5:30 PM. You may elect to deposit your ticket(s) in the General Drawing where there are a number of prizes worth a lower dollar amount or in the Specific Drawings. Specific Drawing items are on display and are typically of higher value.

### **Door Prize Exceptions**

There are some date and time sensitive prizes that must be claimed by the times posted by the prize packages or another ticket will be drawn until the prize is claimed.

### **Silent Action**

There will be several silent auction items on display. Each individual item's bid sheet will list the rules and time that the successful, highest bidder will be announced.

### Thanks and Good Luck to All!

\*All proceeds generated by the sales of raffle tickets, door prize tickets and the silent auction will be used to further the mission of The Quiet Water Society.

# **GRAND RIVER EXPEDITION 2020**

### Grand River Expedition 2020 Is Coming Up!



MGROW, in partnership with the Upper Grand River Watershed Alliance and the Lower Grand

River Organization of Watersheds, will present Grand River Expedition 2020 in June or early July 2020 (exact date to be announced here at Quiet Water Symposium—stop by the MGROW booth).

2020 will be the fourth Expedition since the legendary paddler Verlen Kruger first launched the event in 1990. Verlen was the Rivermaster for the second Expedition in 2000. The 2010 event carried on his legacy, and once again we'll honor his memory in 2020 as we paddle the 252-mile length of the Grand River from Jackson to Grand Haven.

Past expeditions have included educational presentations and water quality monitoring. Traditionally, some participants make the entire trip, camping along the way, while others paddle shorter stretches. Participants have included scientists, historians, educators, students, environmental professionals, civic and business leaders, government representatives, writers, paddlers ranging in age from 12 to 83, and anyone who is passionate about our rivers and their role in our changing landscape.

### The Quiet Water Symposium Code of Conduct

The Quiet Water Symposium (QWS) serves as a platform for education, discussion, and the presentation of ideas that promote human powered outdoor recreation and help conserve our Great Lakes resources. In pursuit of these goals, the Quiet Water Society embraces the right to free speech while also being aware that there may be many sides to every issue and many possible solutions. The viewpoints of our many guests, exhibitors, speakers, and demonstrators are their own, and may not necessarily represent the views of the Quiet Water Society, its board members, or its many volunteers.

### Therefore, the Quiet Water Society requires that:

- Exhibitors, speakers, and demonstrators must keep their activities and the activities of their group, employees, and volunteers confined within the area assigned to them by the QWS Planning Committee.
- Interactions with event staff, guests, exhibitors, speakers, and demonstrators must be held in a civil and professional manner.
- Conduct or behavior must not be disruptive to the event.

If members of the QWS Planning Committee find that any action of guests, exhibitors, speakers, or demonstrators violates these requirements, event staff will attempt to resolve the situation. In cases where agreement on a solution cannot be found, parties may be asked to leave the site. In the most extreme cases, parties may be restricted from future participation in the event.

The QWS Code of Conduct is included as a part of exhibitor registration. Submission of the exhibitor form indicates acceptance of the Code of Conduct. This will help make it possible for all parties to interact in a positive way.

# **BECOME A FRIEND**

**Becoming one of the Friends of the Quiet Water Society**: This year, we have created a Friends group to help sustain the Symposium. The time has come to ask those of you who enjoy the Symposium to give just a little to help insure that we continue paying the bills and booking the event. Look for our display at the Grand Prize Raffle table. Sign up as a Friend on an annual basis or go all in as a Sustaining Friend! As an incentive, you will get a stunning 2019 QAS Calendar and email delivery of our QAS Newsletter. Please become a Friend today.

**Volunteering:** Volunteers are the life blood of the Symposium. Without a dedicated group of volunteers, our event could not happen. There is always a need for volunteers to be involved in the work leading up to the annual Symposium. There is also a need for day of show volunteers. If you would like to volunteer to help with the Symposium, please visit our website or speak with one of the Keystone staff during the show. Paddling, hiking, cycling and





outdoor organizations are especially encouraged to get involved in the work of producing the Symposium.

**Exhibiting:** Are you a member of or do you know of an organization, boat builder, or vendor who would like to exhibit at the Symposium next year? Our web site will be open for registrations for the March 7, 2020 show in the fall of 2019. Floor space is limited, so do not wait until it is all gone.

**Presenting:** We are always looking for new and exciting presentations for the next Symposium. If you would like to make a presentation at a future event, please visit our web site. Our normal schedule allows for 33 presentations and will be finalized by mid-fall of 2019.

**The Verlen Kruger Award:** Nominations for the Verlen Kruger Award can be made through our web site. Nominations are open until December 31st of each year. Check out the list of the past 21 Kruger Award winners in this booklet. If you know someone who rises to this level, please submit a nomination.

### The Quiet Water Society

The Quiet Water Society is a non-profit charitable 501(c)(3) corporation. It was founded to:

- educate the public and encourage participation in non-motorized outdoor recreation
- promote public concern for the water resources of the Great Lakes region
- support environmental stewardship and conservation of natural resources
- plan and execute annual and special events for any or all of these purposes.

Since 1996, this group of unpaid volunteers has organized and sponsored the Symposium as its primary tool for achieving its mission. Our main source of revenue is from Symposium ticket sales and commercial vendor fees. We are proud to offer non-commercial groups their booth space on a reduced charge basis.

If you would like to know more about the Quiet Water Society, please visit us at our website or follow us on Facebook.

# IN REMEMBRANCE

### **Dave McCune** QWS Co-Founder and Friend to all Adventurers April 6, 1947—July 16, 2018

Tribute by Gary De Kock, President, Quiet Water Society

Dave McCune was born April 6, 1947 in Albion, MI. He attended Michigan State University and later served in the Vietnam War. Upon his return from Vietnam, he frequently pursued one of his lifelong passions, paddling his beloved Au Sable River. He was well known in the outdoor recreation community. It was not uncommon for him to meet people from around the state who had bought their first canoe from him or remembered how he laid out the trip of a lifetime for them on one of the state's world class rivers.

Dave made his living doing what he loved. Working as General Manager at Raupp Campfitters in Lansing for over 30 years, he helped many people fulfill outdoor dreams and check off entries on their bucket lists.

Dave was a founder of the Quiet Water Symposium. QWS was born because Janet Gross, Raupp Assistant Manager, got tired of hearing Dave complain about how the Battle Creek Canoe Rendezvous had been discontinued back in the 1980's. Janet decided to plan a canoe event and hold it in Lansing. She pulled together a committee (see page 6) to work on the details.

Dave's dedication to QWS and paddlers everywhere was recognized when he and Janet Gross received the 2005 Verlen Kruger Award (VKA) which honored them for supporting and promoting paddle sports, water conservation, education and history in Michigan. Many tributes were given to Dave that day at our 10th Annual QWS (see sidebar).

If you are one of those lucky paddlers who bought a canoe from Dave, you probably still have it. Take it out when the spirit moves you. That spirit is probably Dave's. With the sun setting behind you and your campsite just ahead, let it glide for just a second. Listen to the trees. See the air. Feel the light. Touch the water. From the inside, speak to the outside and say, "Thank you Dave. You were right. There is magic out here."

In honor of Dave's memory, he requested donations be made to The Quiet Water Society, PO Box 27412, Lansing, MI 48909-7412 or Hospice of Lansing, 3186 Pine Tree Road, Lansing, MI 48910.



"I was a committee member in 1996 and remember that the event's details were: no date, no facility and no money. I believe that without Raupp's support, the Quiet Water Symposium would have never happened". ~Dean Sandell (VKA 2017)

Raupp's will be replaced but never the fine memories we all had of Janet and Dave and the store that exemplified the concept of a community business. Community in the finest sense. One that fed the needs, imaginations and aspirations of those who came to shop, imagine, inquire, try. One of the few places where the regulars were known and greeted by name.

~Karl Pearson (VKA 2009)

Raupp's was sort of like the old general store of a hundred years ago. Paddlers, boat builders and outdoor enthusiasts would congregate there to hang out and talk about trips. It became a place to go to find out how to get in touch with someone who knew how to do something, or where to go, etc. Dave's dog, Abby, would always meet them at the door.

~Russ Hicks (VKA 2013)

# ARENA MAP



# EXHIBIT HALL MAP



December 11, 2017

# DEMONSTRATION BOOTHS



### Association of State Dam Safety Officials - ASDSO

5 Russ Hicks See the 17' canoe on display from the 2018 dam demonstration at the North Lansing Dam. This canoe

was inserted into the dam boil at the dam to demonstrate the type of damage that a canoe can sustain in the hydraulic. There will be pictures of the demo as well as DVDs illustrating dam dangers.



### Grass River Natural Area, Inc.

### James Dake

The stream table demonstration will illustrate the dynamics of rivers and streams and allow participants to interact with a changing stream over time. Users will be able to see long-term stream processes in a short demonstration - like stream bank erosion, flooding, or braiding.



#### # Lansing Bike Co-op Aaron Fields

Looking to learn the basics of bicycle maintenance and mechanics? Stop by the Lansing Bike Cooperative booth where they will be demonstrating basic bicycle maintenance techniques, focusing mostly on changing a flat and patching a tube that is both efficient and safe. Also, be sure to check out the details of their contest to see who can change a tire the fastest!



### Mackinaw Watercraft

### Allen Deming

Join award wining boat builder, designer and artist Allen Deming at the Mackinaw Watercraft booth for an ongoing demonstration of strip-built boat building. Allen will happily answer your questions, perhaps provide you advice and if you are really interested sign you up for one of his boat building classes.



#### Michigan Agriculture Environmental Assurance Program (MAEAP) Allison Kerr

"Michigan Agriculture Environmental Assurance Program (MAEAP) Technicians serving Eaton, Ingham, Ionia and Barry counties, will be providing FREE well water testing to private well owners of those counties at the Quiet Water Symposium! Please bring samples to the MAEAP booth between the hours of 10:00am and 3:00pm on Saturday"



### Michigan Trout Unlimited Fly Fishing School

### Jim Gibbs

The volunteers of Michigan Trout Unlimited Fly Fishing School will teach the art of fly casting. Stop by their booth in the Arena for a personal lesson and learn about the three-day Fly Fishing School offered in June.



MSU Bikes' staff will be offering free educational demonstrations of common things that bikes need to keep working smoothly as well as how to change a flat tire and some emergency road-side tips that might help you get back home without calling for help.

# DEMONSTRATION BOOTHS



#### MSU Department of Physics & Astronomy Laura Chomiuk

You won't want to miss this! Stop by to view the stars inside the inflatable planetarium! The first show will start at 2:00pm and the last will end at 5:00pm.



### **Red Cedar Fly Fishers**

#### Phil Stevens

The Red Cedar Fly Fishers have done demonstrations fly tying for over 20 yers at QWS. Stop by their booth in the Arena where they will tie flies and answer questions about fly fishing and about their club. Demonstrations will be on-going throughout the day



### The Wooden Canoe Shop, Inc.

#### Gil Cramer

For those attendees who have a family heirloom hanging in the barn and would like to get it ready to go back to the water, this demo will show how to apply a new canvas to the exterior of an Old Town wooden canoe manufactured before aluminum and fiberglass became popular. Applying the canvas without wrinkles is a daunting task for most amateurs. The demo will do that with only hand tools. At the end, the canvas will be completely attached ready for the special waterproofing.

Booth # L19

### University of Michigan Cooperative Institute for Great Lakes Research (CIGLR) Michele Wensman

The Cooperative Institute for Great Lakes Research (CIGLR) is a partnership between the National Oceanic and Atmospheric Administration (NOAA), universities, non-government agencies, and businesses. Together, we work to achieve environmental, economic, and social sustainability in the Great Lakes. Join us for our hands-on interactive displays at our exhibit table!



### WTQAC, and VeloGeer, LLC

### Kirsten Wilcox

WTQAC - Women/Trans/Queer Adventure Club, and VeloGeer, LLC – Stop by to a see demonstration showing ways to carry camp gear on a bicycle, with and without specialized racks, and an introduction to emergency bicycle repairs and basic bicycle wheel maintenance. WTQAC is a partnership between the Lansing Bicycle Co-op and the Salus Center, promoting cycling, camping and other outdoors activities for underserved groups. VeloGeer, LLC is a Lansing shop specializing in hand-built bicycle wheels and components and accessories for adventurous cyclists.



### Yoga Nature

### Jim Gilligan

Connecting Body, Mind, Spirit, in Nature! You won't want to miss Yoga and Acro Yoga demonstrations, along with Thai Massage demos.

		betically with booth number)
BOOTH NO.	ORGANIZATION	DESCRIPTION
N03	ACA Freestyle Canoe Committee Paul Klonowski pklonowski@comcast.net	Freestyle Canoeing isn't about the song and dance it's about efficiency, doing less work to get where you're going, and being less sore at the end of the day Visit us!
M12	Aquatic Adventures of MI	
A05	Association of State Dam Safety Officials - (ASDSO) Russ Hicks 517-663-3882	See the 17' canoe on display from the 2018 dam demonstration at the North Lansing Dam. This canoe was inserted into the dam boil at the dam to demonstrate the type of damage that a canoe can sustain in the hydraulic. There will be pictures of the demo as well as DVDs illustrating dam dangers.
D04	AuSable River Center Pam Tucker ausablerivercenter@gmail.com	
113	Barry County Parks and Recreation Ron Welton parks@barrycounty.org	Barry County Parks including Barry County portion of Paul Henry Thornapple Trail
G12	Bike Tour Vacations LLC James Plaunt jim@biketourvacations.com	Bike Tour Vacations provides fully supported bicycle tours across the Great Lakes region. Our cycling routes are wonderful, and we support you with comfortable lodging and good food. Activities off the bike can include canoeing, hiking, museum visits, and stops at brew pubs and wineries. Come along, it's fun!
H10	Brookhaven Lake Jeff Johnson jeffjohnsonriverguide@yahoo.com	Teaching fly fishing and private fly-fishing lake in Clare Michigan. Beginners are welcome and we also offer kayak lessons.
K17	<b>Campaign to Save the Boundary Waters</b> Ron Porritt info@savetheboundarywaters.org	The Campaign to Save The Boundary Waters is leading the efforts to protect the Boundary Waters Wilderness from sulfide-ore copper mining. The Campaign, led by Northeastern Minnesotans for Wilderness, was organized by residents in and around Ely, Minnesota, who are dedicated to creating a national movement to protect the clean water, clean air and forest landscape of the Boundary Waters Canoe Area Wilderness and its watershed from toxic pollution caused by mining copper, nickel and other metals from sulfide-bearing ore.
C07	Camper Christina Christina Scheuermann	Learn more about Pushing the Boundaries of Solo Camping.
L11	Campus to Coast Vanessa Thomas thom1230@msu.edu	
N06	Canoe Reflections LLC Canoe-Camping for Women Sally Van Cise Sally@canoereflections.com	One- and 3-day canoeing/camping trips for women, on the Manistee River in Northern MI. All meals and most gear provided. We welcome beginners, as well as, those who simply want to leave the planning to someone else. Come enjoy some river time!! Guidance in paddling and camping as needed.
A07	Capital City Dragon Boat Race Cindie Alwood womenscentergl@gmail.com	Capital City Dragon Boat Race event, an amateur competition with teams of 20 people, hosted by the Women's Center of Greater Lansing on September 15, 2019.
L12	Capital City Scuba Amber Iszler contact@capitalcityscuba.com	Explore the underwater world with Lansing's premiere dive shop. Capital City Scuba offers a superior line of dive and aquatic equipment, certifications and diving destinations in the Great Lakes and beyond.
L04	Chicago Adventure Therapy Andrea Knepper info@chicagoadventuretherapy.org	Chicago Adventure Therapy works with Chicago youth who wouldn't otherwise have the opportunity to participate in outdoor sports. Drop by our booth to learn a bit more and stay to participate in our kid-friendly fun learning activities.

EXHIBITORS	(Alphabetically with booth number)
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112	Chief Noonday Chapter/North Country Trail Association Jane Norton www.northcountrytrail.org/cnd/index.htm	Promotional materials (Volunteer Opportunities, etc.) for the North Country Trail and the Chief Noonday Chapter.
D13	Children's Activities	
L08	Chippewa Nature Center Michelle Fournier info@chippewanaturecenter.org	
J06	Chippewa Watershed Conservancy Jon Breithaupt jon@cwc-mi.org	Chippewa Watershed is a nonprofit land conservancy whose mission is to protect and restore Central Michigan's land, water and wildlife resources to improve the quality of life for all.
115	City of Eaton Rapids, Outdoor Recreation Center Lindsey Zeller Izeller@cityofeatonrapids.com	The Eaton Rapids Outdoor Recreation Center is located at the heart of Eaton Rapids, MI and provides adventure seekers and opportunity to experience the grace and beauty of the Grand River from a tube, kayak or canoe. Bring your own or rent one of ours!
K13	Coldwater River Watershed Council Samuel Pyle tylercreekgolf@gmail.com	Dedicated to Protecting and Preserving the Coldwater River Watershed since 1996.
B10	Dengate Boatbuilding Patrick Dengate patrickdengate@gmail.com	Lightweight solo wooden canoes for double paddling.
K07	DeVries Nature Conservancy Torey Caviston info@devriesnc.org	Help us rid the woods of invasive Garlic Mustard and learn more about DeVries' upcoming events.
K12	<b>Downriver Linked Greenways</b> Anita Twardesky anita@riversidekayak.com	Downriver Linked Greenways Initiative is a community driven regional effort to coordinate non-motorized transportation in the Downriver area of Southeast Michigan.
G01	Drummond Island Tall Ship Co. Julie & Hugh Covert sail@ditallship.com	Sail the dream aboard Schooner Huron Jewel, the Great Lakes' newest tall ship located on Drummond Island, MI: cruises, private charters, and weddings.
N28	Earth's Edge Karl Tucker noah@earthsedgeusa.com	The latest in Kayaks and Canoes from various manufacturers. Accessories for the best paddling experience. Many last year models and demo boats at great pricing.
K05	Eaton Conservation District Sue Spagnuolo sue.spagnuolo@macd.org	KNOW your H2O. Stop by Eaton Conservation Districts booth and see what we are doing to protect our natural resources!
J17	Eaton County Parks	
J07	Fenner Conservancy Jenny Mensch info@mynaturecenter.org	Fenner Conservancy is a 501(c)(3) nonprofit that runs Fenner Nature Center in partnership with the City of Lansing. Their mission is to connect people to nature in the heart of Lansing, through conservation, education and stewardship. Stop by the booth to learn more about connecting with nature within the City limits through the services we provide.
114	Flint River Watershed Coalition Jaime Welch jwelch@flintriver.org	Discover the Flint River Water Trail and the Flint River Watershed Coalition. Visit us to find out about the many paddling opportunities or how to participate in one of the many fun, educational volunteer opportunities that we offer.
N17	Friends of Park Lake Ray Kotke friendsofparklake@gmail.com	Promotion of the proposed Park Lake Nature Preserve on Bath Township's Park Lake; Clinton County's largest natural lake. Preserve will include non-motorized land and kayaking trails with many viewing platforms for wetlands & waterfowl viewing. Will also have several outdoor classrooms/learning centers focusing on environmental stewardship.
108	Friends of the Looking Glass Watershed	Historical information regarding the Looking Glass River watershed, projects completed by the organization, and paddling experiences on the Looking Glass River.

<b>EXHIBITORS</b>	(Alphabetically with	booth number)
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	Friends of the Maple River	The Friends of the Maple River is a non-profit organization committed to
100	Jon Morrison	educating the public about proper care and use of the Maple River in Mid- Michigan. We are glad to share insights we have on the accessibility of the
J08	www.friendsofthemapleriver.org	river.
J14	Friends of the Musketawa Trail	Pick up a map of the Musketawa Trail and plan your next ride. Running 25 miles from Muskegon to Marne with a stop at the caboose in Ravenna, you can easily connect with the Fred Meijer Pioneer Trail.
	Friends of the Rouge	The standard fills and the standard standard state of the Decision Direct
K18	Sally Petrella	Friends of the Rouge will provide a hands-on model of the Rouge River Watershed and information about the Lower Rouge River Water Trail.
	spetrella@therouge.org	
	Grand River Environmental Action Team	Grand River Environmental Action Team (GREAT) is dedicated to the protection
H07	(GREAT)	and preservation of the Upper Grand River Watershed in Jackson County
1107	Deb Snell	through activities and educational programs. Stop by our booth to learn more!
	grand@great-mi.org	Or visit our website at www.great-mi.org.
107	Grand Valley Metro Council	
	Grass River Natural Area, Inc.	Grass River Natural Area in Bellaire, Michigan is showcasing an interactive
M05	James Dake	stream table to model stream ecology and dynamics. GRNA is a 1500 acre preserve in Antrim County with over 7 miles of trails, a stretch of natural river
	info@grassriver.org	great for paddling, and an education center with year-round programming.
		Great Lakes Paddlers is a non-profit organization based in Southeastern
	Creat Laka Daddlara	Michigan. We have regular monthly meeting held at various restaurants in SE MI. The club tries to hold at least one announced paddling event each month
L09	Great Lake Paddlers	throughout the year. There are other 'Member Informal Paddles' that are open
LU9	Tom Brandau president@greatlakespaddlers.org	to members and friends which also appear on our club calendar. Promote
	president@greatiakespaddiers.org	paddle sports through safety, education, and lessons. Encourage participation and input from the membership involvement in local, state and national
		conservation concerns.
J02	<b>Great Lakes Pursuit, LLC</b> Gregory Lechowicz info@greatlakespursuit.com	We will be selling Port Austin Reef Lighthouse Replica Models and Turnip Rock Replica Models. In addition, we will be selling unique artisan design hats that have Great Lakes Themes and scenery such as Pictured Rocks, Empire Bluffs, Salmon/Petoskey Stones, Tahquamenon Falls, etc. Finally, we will have Retro Canvas Backpacks for sale. Inspired by running over 30 full marathons and connecting with nature through standup paddle boarding, I wanted to create a lifestyle brand that had its roots tied to the Great Lakes and Midwest region, but offered something bigger. A lifestyle brand that individuals could connect with across the Country and globe. Regardless of age, culture, and faith every individual has a passion or better said- a pursuit. With work and family responsibilities; that pursuit and passion often fades. The Great Lakes Pursuit lifestyle brand is about capturing that magic and rediscovering our pursuits or pursuing it even further than you already are now. Whether it is 5 minutes a day, 10 minutes a day, 1 hour a day, or only on the weekends; that is one of the missions of the brand. This lifestyle brand is different in the sense it offers tremendous freedom. It's not tied to one activity like running. It's up to the individual and consumer to determine their pursuit. The Great Lakes Pursuit encourages and promotes an active healthy lifestyle, a commitment to the outdoors, exploring in a safe and responsible way. Whether it is running, walking, biking, hiking, paddle boarding, gardening, dance, yoga, reading, swimming, playing the violin, drawing, or another activity or hobby- The Great Lakes Pursuit lifestyle brand has a place for you. The brand celebrates the journey and process. It represents the obstacles in life and the satisfaction of reaching that destination. The brand is about exploring, visiting the Great Lakes, bring outdoors, and ultimately following your dreams. We look forward to offering high quality and unique products. Follow us at greatlakespursuit.com and on Instagram @greatlake
M14	Great North Real Estate	
H08	Greater Lansing Regional Committee for Stormwater Management Cliff Walls	The Greater Lansing Regional Committee for Stormwater Management, (GLRC) is a guiding body comprised of Municipal Separate Storm Sewer System (MS4) communities within the Greater Lansing Region. The committee has been established to guide the implementation of the stormwater program for participating communities within the Grand River, the Red Cedar River and the Looking Glass River watersheds.

G02	Gryphon Gear Inc. Gary Benninger	Gryphon Gear designs manufactured in Michigan and sells high quality down quilts and sleeping bags for serious backpackers and mountaineers.
L03	info@grypongear.com Guide Service Anywhere Rob Kesserling	Rob's books personally signed for you "Daughter Father Canoe," "River Stories," and "Merlyn Carter Bush Pilot"
B09	Gun River Wooden Watercraft LLC Cary Mannaberg cmannaberg@gmail.com	Gun River Wooden Watercraft builds custom canoes, kayaks, row boats and SUP's. We also do restorations and classes in building small boats.
H14	Hiawatha Shore-to-Shore Chapter of the North Country Trail Association	
110	Houghton Lake Area Tourism Bureau Adele Woskobojnik info@visithoughtonlake.com	Roscommon County is your family vacation destination for four seasons of fun. Michigan's Other Great Lakes, Houghton Lake, Higgins Lake and Lake St. Helen, will delight you with their natural beauty, wildlife viewing, and spectacular sunrises and sunsets. All three lakes are a sportsman's fishing and boating paradise. Located in the heart of Michigan you are just a short drive from a great get away. Enjoy canceing on the South Branch of the AuSable River and check out our many trails. From the traditional hiking and biking trails, cross country skiing and snowshoeing to some of our unique trails, the AuSable Birding Trail, Blue Water Trail, and the Quilt Trail. Stop by our booth for information on Roscommon County. There are activities for the whole family. Whether you love to hike and bike, golf and shop, cance and swim - just come stay and play!
K16	Huron River Water Trail	The Huron River Water Trail is a 104-mile (167 km) inland paddling trail in Michigan's Lower Peninsula. It flows through protected state natural areas, regional parks, quaint towns like Milford and Dexter, and bustling river communities like Ann Arbor, Ypsilanti and Flat Rock. Stop by the booth for trip ideas or to get a 50-plus page waterproof map flipbook that includes launches, liveries, parks, amenities, hazards and more.
K06	Ingham Conservation District Michelle Beloskur info@inghamconservation.com	The Ingham Conservation District assists landowners and communities with stewardship of their natural resources with a focus on invasive species management, water quality, forestry and other land, water and wildlife management priorities.
к09	Ingham County Parks Department	
J04	International Wildlife Refuge Alliance (IWRA) Joann Van Aken iwr_alliance@yahoo.com	Learn what the Detroit River International Wildlife Refuge in SE Michigan has to offer in 2019!
111	Isle Royale & Keweenaw Parks Association Sandy Wilhoit	Isle Royale & Keweenaw Parks Association (IRKPA) works with two of this country's most unique national parks, Isle Royale National Park and Keweenaw National Historical Park. Members, donors, and sales of park-related
	irkpa@irkpa.org	interpretive products provide needed financial support for both park programs and IRKPA's outreach to share the stories of these two very special parks with park visitors, schoolchildren, and people around the world.
M03		and IRKPA's outreach to share the stories of these two very special parks with
M03 L02	irkpa@irkpa.org Isle Royale Sojourn	and IRKPA's outreach to share the stories of these two very special parks with park visitors, schoolchildren, and people around the world. Meet the author of two award-winning books about Isle Royale based on 37-
	irkpa@irkpa.org Isle Royale Sojourn Vic Foerster Jacobson Exhibit Cliff Jacobson	and IRKPA's outreach to share the stories of these two very special parks with park visitors, schoolchildren, and people around the world. Meet the author of two award-winning books about Isle Royale based on 37- years of visits and a forty-year career as an arborist. Cliff Jacobson books for sale
L02	irkpa@irkpa.org Isle Royale Sojourn Vic Foerster Jacobson Exhibit Cliff Jacobson cliffjacobson4@gmail.com Johnson's Workbench Matthew Pashby	and IRKPA's outreach to share the stories of these two very special parks with park visitors, schoolchildren, and people around the world. Meet the author of two award-winning books about Isle Royale based on 37- years of visits and a forty-year career as an arborist.

	EXHIBITORS (Alphab	etically with booth number)
D01	Knittingham Palace Woolen Knits	
N19	Krupa's Boat Mart Paddle Sports Jessie Morris jmorris@krupas.com	Krupa's Paddle Sports Center will be featuring kayaks, stand-up paddle boards, and varied accessories.
F13	Lansing Bike Co-op Aaron Fields lansingbikecoop@gmail.com	
J01	Lansing Oar and Paddle Club Jay Hanks witewtr58@aol.com	The Lansing Oar and Paddle Club exists to promote human powered paddling in the greater Lansing area, in a safe and responsible manner.
M17	Lansing Rowing Club Timothy Fisher www.lansingrowingclub.com	
N16	Lansing Sail and Power Squadron Michelle Reurink www.lansingpowersquadron.org	The Lansing Sail and Power Squadron offers boater safety and boater education classes through classroom locations. The squadron also offers free vessel safety inspections.
G06	LeafFilter North of Michigan, LLC. Jonathan DeHate info@leaffilter.com	LeafFilter Gutter Protection; promotional display booth.
F11	League of Michigan Bicyclists Scott Neumann office@Imb.org	The Leagues of Michigan Bicyclists is a statewide non-profit that works to promote bicycling and the safety of all bicyclists on Michigan roadways.
N08	Lee's Adventure Sports Jonnie Johnson contact@leesadventuresports.com	Lee's Adventure Sports offers premium products from the leading outdoor brands for activities such as kayaking, camping, backpacking, skiing, mountain climbing or something in between.
F07	LeValley Outdoors L.L.C. Jonathon LeValley jon@levalleyoutdoors.com	LeValley Outdoors specializes in restored vintage, knives, tools and outdoor equipment.
G05	LIVEout John & LaNae Abnet jlabnet@gmail.com	"Just Add Water" will provide an entertaining and interacting (including tastings!) presentation featuring self-preparation of healthy and affordable dehydrated and vacuum-packed expedition meals. This exhibit will also be featuring sales of the book "Paddling Edna," the story of how a backyard creek provided an Indiana couple access to the sea by kayak
A09	Mackinaw Watercraft Allen Deming Allen@MackinawWatercraft.com	Mackinaw Watercraft custom built wooden canoes, kayaks and paddles. Award winning designs by acclaimed boat builder and artist Allen Deming.
L10	MAEOE/ Michigan Alliance for Environmental and Outdoor Education Amanda Gort admin@maeoe.com	The Michigan Alliance for Environmental and Outdoor Education (MAEOE) serves as the statewide network and advocate for professionals who are educating Michigan citizens toward environmental literacy, stewardship and outdoor recreation. Michigan Alliance for Environmental and Outdoor Education is a non-profit 501 © 3 membership-based organization led by a Board of Directors.
D07	Matuli Paddle Surf Joe Matulis joe@MatuliPaddleSurf.com	Matuli paddle boards and surfboards
119	Merrell Garrit Hensley garrit.hensley@merrell.com	Made for water. Built for hiking. Merrell will be showcasing the new spring Hydro Hike collection, highlighted by demo sets of Choprock, our most technical hydro hiker to date. Stop into the tent for giveaway swag and a drawing for a free pair of shoes!
L07	<b>MI Sunrise Journal</b> Edwina Murphy misunrisejournal.org	Founded along the shores of Lake Huron, the MI Sunrise Journal is a regional literary magazine and the home of the Sunrise Shore Story Award. Our mission is to provide a platform for writers who have a distinct familiarity with northeast Michigan. This journal is designed to be a free and comfortable place for artists to share their work. We welcome short stories, creative non-fiction, poetry, book reviews, illustrations and photography. The organization is a non-profit collaboration which publishes in the spring and fall of the year. Submissions are accepted year-round. Submissions are always free, and everyone is welcome. Details may be found at www.misunrisejournal.org.

## **EXHIBITORS** (Alphabetically with booth number)

		The Michigan Agriculture Environmental Assurance (MAEAP) is utilizing local
L06	Michigan Agriculture Environmental	technicians to provide free water testing for private well owners. Free nitrate and nitrite testing will be available to private well owners in the technicians'
	Assurance Program (MAEAP)	respective counties.
		Michigan Audubon's Bird-friendly Communities program offers inspiration and how-to materials for you to bring bird species conservation, native
		landscaping, and migratory bird hazard reduction actions to your home or into
	Michigan Audubon	your urban community. Learn about Purple Martins, a cheer-bringing aerial acrobat hosted by Purple Martin landlords, often near their own homes, and
L05	Linnea Rowse	learn what you can do to attract Purple Martins and effectively manage a
	lrowse@michiganaudubon.org	colony. Discover how to help the declining Chimney Swift, another insect- eating aerialist bird that anyone can host with ease and learn about their
		unique roosting and nesting habits. Interested in native gardening? Pick up one of our native backyard landscape design booklets, and information on native
		plants that support pollinators and birds. Stop by Michigan Audubon's booth
	Michigan Back Roads	for further simple ideas to support birds at home and in your community!
M09	Ron Rademacher	Michigan Back Roads books road trips and trails in Michigan. Several water
	ron@michiganbackroads.com	trails are included in the contents of these books.
	Michigan Chapter WCHA	The Wooden Canoe Heritage Association is a non-profit membership
A06	Debbie Darga	organization devoted to preserving, studying, building, restoring and using wooden and bark canoes, and to disseminating information about canoeing
	dmd421@comcast.net www.wcha.org	heritage throughout the world.
		The Michigan Crossroads Council, Boy Scouts of America helps build the future
	Michigan Crossroads Council BSA	leaders of this country by combining educational activities and lifelong values with fun and outdoor adventures. Scouting provides unique, life-changing
N10	Christopher Hopkins	experiences you can't get anywhere else. For more than a century, Scouting
	communications@michiganscouting.org	has been an ongoing adventure that teaches a powerful set of real-life skills and develops fundamental qualities that help young people become Prepared
		For Life. <sup>®</sup> While Michigan is becoming nationally recognized as the Trails State, until
		recently, there had been no statewide program for water trails. With hundreds
	Michigan Department of Natural Resources -	of thousands of registered boats, and paddle sports taking the lead as the fastest-growing form of outdoor recreation, the time for Michigan to stand up
145	Trails	is now. The MDNR is encouraging all water trails in the state to apply for
L15	Michael Morrison	designation as a State Water Trail under the Michigan Water Trails Program. This new program serves to bring existing and newly identified water trails
	morrisonM44@michigan.gov	together into one cohesive state network of exemplary water trails. Ultimately the State Water Trails System will be a network of water trails the public can
		explore and enjoy, as well as a community of water resources managers that
	Michigan Forest Association	can benefit from information sharing and collaboration.
D10	Lisa Parker	Michigan Forest Association's educational trailer, staffed by foresters, with fun
	info@michiganforests.org	and informative exhibits!
	Michigan Geocaching Organization	The primary purpose of MiGO is to serve its members by supporting and promoting geocaching in the state of Michigan. We want to share our interest
L16	Stephen Fritz	in using modern technology (GPS and the internet) to encourage and foster an
	info@mi-geocaching.org	appreciation of the outdoors, and to promote good stewardship of the land and environment that we all enjoy.
	Michigan Nature Association	The Michigan Nature Association is the state's oldest land trust. Members and supporters have built a network of over 170 nature sanctuaries that stretch
к08	Julie Stoneman	from the Indiana and Ohio border to the tip of the Keweenaw Peninsula. Stop
	jstoneman@michigannature.org	by our booth and find a nature sanctuary near you! The Great Lakes form the largest surface fresh water system on earth.
		Michigan is at the heart of that system, surrounded by four of the five Great
M19	Michigan Sea Grant	Lakes. Through research, education and outreach, Michigan Sea Grant is dedicated to the protection and sustainable use of the Great Lakes and coastal
		resources. Learn more at www.michiganseagrant.org.
L17	Michigan State University Extension	MSU Extension Water and Natural Resources staff will highlight Extension
LT/	latimor1@msu.edu	publications, programs, and events of interest to quiet recreation enthusiasts.
N12	Michigan State University Sailing Center	
	whengan state oniversity saming center	

	EXHIBITORS (Alphab	etically with booth number)
L18	Michigan State University Jean Tsao tsao@msu.edu	
J15	Michigan Trails & Greenways Alliance Bob Wilson info@michigantrails.org	We are the statewide voice for non-motorized trail users, helping people build, connect and promote multi-use trails for a healthier and more prosperous Michigan. Visit us to learn more about the work we do, how we can consult with your community and how you can help ensure the future of Michigan's trails by becoming a member, making a donation or joining us in one of our many fundraising trail events.
B01	Michigan Trout Unlimited Fly-Fishing School	Fly casting demonstrations by the Michigan Trout Unlimited fly-fishing School. Michigan's premier, all-inclusive 3-day fly fishing school held each year on the first weekend after the first full week of June. With sheared accommodations, you will stay and dine at beautiful Ranch Rudolf on the Boardman River just south of Traverse City. Three levels of instruction are offered from beginning to advanced and at the beginning level all aspects of the sport are taught including knot tying, casting and presentations, insects, in stream demonstrations, etiquette and lots of fishing. The school has operated for over 35 years and we are proud of our all-volunteer staff. Because we maintain a maximum ratio of 3 students per instructor, the school fills quickly each year. For more information visit us on Facebook and at our website, tuffs.org
J05	Michigan United Conservation Clubs	
коз	MichiganTrailMaps.com Jim DeFresne	
F16	Microlite Trailers Gunlake Paddlesports Jim Mulder info@gunlakepaddlesports.com	Microlite Ultra-Light Camping Trailers
H09	Middle Grand River Organization of Watersheds Loretta Crum mgrow@mgrow.org	Check out the Middle Grand River Water Trail project, Grand River Expedition 2020, and the Hugh Heward challenge. Support water quality and better access in the Grand River from Eaton Rapids to Lyons and in the City of Lansing.
G11	Mid-Michigan Mountain Biking Association (MMMBA) Jeremie Cherwinski info@mmmba.org	
C05	MMM Traditional Small Craft Association Bill Doll billdoll57@gmail.com	MMM TSCA (traditional small craft association) is dedicated to the building and use of traditional wooden small boats. Located in Otsego, Michigan where anyone can join in to build and restore wooden small boats.
H17	Moosejaw Mountaineering	
G13	MSU Bikes Service Center Tim Potter bikes@msu.edu	Helping people discover the joys of bicycling! MSU's on-campus bike shop provides the University community with bike sales, rentals, and repairs. Located under Bessey Hall on the Red Cedar River, MSU Bikes is open year- round.
N22	MSU Department of Physics & Astronomy	The first show will start at 2:00 and the last will end at 5:00. View the stars inside an inflatable planetarium.
N11	Naturalist Scouts Larry Lindsay	Our demonstration will feature a scout riding bicycle roller for 10 minutes each hour. Brochures for our Maumee Valley Tri-Adventure Race will be available.
M01	Naturally Superior Adventures David Wells info@naturallysuperior.com	Naturally Superior Adventures and Rock Island Lodge are based together at the mouth of the Michipicoten River, on Lake Superior near Wawa, Ontario. Since 1994, we have been offering guided trips by sea kayak, 36 ft Voyageur Canoe and outfitting throughout Canada's Lake Superior. For those visiting our area, we also offer an active program of day trips and instruction by sea kayak, canoe and SUP. Shuttle, rental and paddling retail services are available as well. We are Canada's Lake Superior Adventure Experts.
A04	Niewenhuis Exhibit Loreen Niewenhuis LakeTrek@gmail.com	Loreen Niewenhuis is an author, adventurer, and dynamic speaker. Visit her display to check out the Advanced Elements high-tech inflatable kayak she used in her exploration of the islands of the Great Lakes. She'll also have the books she's authored about our magnificent Great Lakes.

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	EXHIBITORS (Alphab	etically with booth number)
F02	Never Float Alone: A Mid-Michigan Kayak Group	Never Float Alone is currently a Facebook only based kayak group promoting trips to join on local state rivers and sharing personal experiences of your paddling adventures.
N07	Nomad Anglers Brian Bielecki info@nomadanglers.com	Nomad Anglers - Fly Fishing Outfitters. Fly shops in East Lansing and Grand Rapids Michigan. Offering gear, classes, trips and guides.
H11	North Country Trail Jordan Valley 45 Chapter Peggy Jones j45@northcountrytrail.org	We're volunteers who maintain and build the North Country Trail between Starvation Lake and Petoskey, including the spectacular Jordan River Valley section. We can tell you about the trail in our area, offer camping and hiking tips, show you how to access free maps, and describe some of the fun group hikes and trail projects we do. We may even have some Appalachian Trail through hikers staffing our booth. Guess the weight of our backpack and win a prize!
H13	North Country Trail, National Park Service Luke Jordan	Meet the author of "A Thru-Hiker's Journey: 2013 Thru-Hike of the North Country" the 4th person to successfully thru-hike the entire 4,600-mile trail.
M08	Northern Forest Canoe Trail Marthe Peterson info@northernforestcanoetrail.org	Visit the Northern Forest Canoe Trail (NFCT) booth to learn more about America's longest inland water trail. Meet thru-paddler Mack Truax who has kayaked the Northern Forest Canoe Trail more than once!
M13	<b>Opportunities Unlimited for the Blind</b> Gwen Botting gwen@oubmichigan.org	Small non-profit that operates summer camps for children who are blind or have low vision. Over half of our staff each year are also blind or have low vision. We have several staff positions available for anyone who loves being outdoors and wants the opportunity to work with some very special kids. We focus on all the usual fun camp activities that most kids enjoy each summer, like swimming, hiking, nature programs and campfires, but also special skills of blindness, such as how to walk on trails with a white cane, social skills, going on interesting field trips, gardening and cooking skills. We have four camps that are held at Camp Optimist on the west side of Grand Rapids, and we are also going on an Adventure Trip to Michigan's upper peninsula in the Pictured Rocks area. We sleep in tents all summer and spend as much time as possible outdoors, exploring our natural environment, and hope to do some canoeing or kayaking several times this summer. We are seeking enthusiastic young people to be staff members and hope you will stop by our booth to check out the amazing photos we have of our campers and the things they learn at camp.
G14	Out Your Backdoor & Friends of the Red Cedar	#1: "New Wave Nordic Skiing" is not just another ski book. It presents 17 unique concepts, not in any other media, that can transform our skiing and our relationship to winter. #2: The Red Cedar Water Trail won the most points in the last scoring for county millage awards, gaining \$100k in total funds to open the river to paddlesports.
M06	Paddle Antrim Deana Jerdee info@paddleantrim.com	Come experience Northern Michigan's Chain of Lakes. With 14 connected lakes/rivers, we offer community paddles and skill building classes or plan your own experience. Join us in September for the Paddle Antrim Festival, a 2-day non-competitive event where you can paddle anywhere from 7-42 miles!
M04	Paddle Songs! Jerry Vandiver jerryvandiver615@gmail.com	Come by to visit Jerry and his fiddle player extraordinaire Lacie Carpenter to talk about the inspiration behind the songs celebrating our time on and off the water! You never know when a song might break out!
L01	Paddling Adventures Radio Sean Rowley sean@paddlingadventuresradio.com	Paddling Adventures Radio is a weekly paddle sports podcast discussing canoeing, kayaking, stand up paddle boarding and rafting.
F01	Paw Paw Paddle Works Richard Barnhart rab37689@gmail.com	Custom wood canoe, kayak and SUP paddles. Handmade mini paddles for ornaments
L13	Payne Creative Solutions LLC Timothy Payne topdog@paynecreativesolutions.com	Unique designs and items that honor our great State of Michigan. Infant clothing, t-shirts, hats, mugs, Tile Art, and more!
F14	Pedal Across Lower Michigan Bettina Brander palmbiketour@yahoo.com	Pedal Across Lower Michigan is a premier family-oriented bicycle tour since 1982. PALM covers 250 miles with longer optional miles each day. Paved roads, suitable for the novice or veteran tour riders. PALM is always the last full week in June.
J19	Playmakers	Playmakers is an award-winning footwear and apparel store which helps customers increase their fitness level. Besides the products we sell, Playmakers also promotes events and sponsors programs primarily for runners and walkers.

	EXHIBITORS (Alphab	etically with booth number)
J12	Port Austin Kayak Symposium Laura Knight info@riversidekayak.com	The Port Austin Kayak Symposium, held annually in June on Lake Huron, is a small, friendly kayak symposium with instruction and tours for all levels of kayakers.
A01	<b>Qajaq USA</b> Tim Gallaway	
D02	Red Cedar Fly Fishers	The Red Cedar Fly Fishers will exhibit fly tying skills and answer questions about fly fishing.
117	Reel Survival Gear Lesley Daniels reelsurvival@yahoo.com	Handmade 550lb paracord survival items
M10	Risdon Rigs Inc. Clyde Risdon www.risdonrigs.com risdon3p@Risdonrigs.com	Risdon Rigs Inc. is a manufacturer of quality wooden snowshoes and sled dog equipment.
M16	River Town Adventures Paul Brogan www.RiverTownAdventures.com	River Town Adventures offers Kayak, Canoe, and SUP rentals in Lansing! A full- service livery with trip options on both the Red Cedar and Grand rivers. Stop by the booth and ask about some exciting new services we plan to offer in 2019!
J10	Riverside Kayak Connection Tiffany VanDeHey tiffany@riversidekayak.com	For RKC's 14th Quiet Water Symposium we will have kayak gear for sale including clothing, shoes, gloves, safety gear, life jackets and paddles. We will also have information on kayak classes and tours.
N14	Saginaw Bay Community Sailing Association Joe Parker info@sbcsa.org	The Saginaw Bay Community Sailing Association provides affordable sailing lessons and access to sailing for youth and adults and promotes interest in sailing as a life-long sport while developing teamwork, sportsmanship, and self- confidence through experiential learning. The SBSA Boat building class offers a connection to the water during the cold weather months by teaching students the fine art of boat building using a variety of construction methods, building techniques, and other skills. Finished products are sold or raffled to generate funds that support SBCSA's programs. A hybrid 20' Osprey triple cockpit kayak from Pygmy will be raffled at Tall Ship Celebration: Bay City in July 2019.
B07	Sailboat Racer Peggy Menzies	Meet a National 420 Champion sailboat racer and learn about proper sail trim, tactics and strategy.
F05	Sault Ste. Marie Area Recreational Trails	Water, Bike and Walking trails in Soo MI
N30	Savage River Works Inc. John Diller sales@savageriver.com	For over 30 years, Savage River has designed and built ultra-light racing and recreational canoes. We are dedicated to providing our customers with the highest quality canoes in the industry. Our boats are paddled by many national champions and our line of ultra-light tripping canoes are among the most efficient canoes you'll see in the Boundary Waters. The secret to our success is that we don't only build canoes, we paddle them as well.
K14	Shiawassee River Water Trail Coalition Sarah Baker info@shiawasseeriver.org	The Shiawassee River Water Trail Coalition, the mission of the Coalition is to improve and promote public use of the water trail as a valuable resource for non-motorized recreation and tourism and to support and enhance river conservation and stewardship.
L14	Sierra Club Anne Woiwode michigan.chapter@sierraclub.org	The Sierra Club was founded to explore, enjoy and protect the wild places of the world and to enlist humanity in that effort. With thousands of volunteers in 10 regional groups around the state and staff in Lansing, Detroit, Grand Rapids and Marquette, Sierra Club members run outdoor activities, educate the public about protecting our natural resources and environment, and advocate for protection of Michigan's air, water and community members. The Detroit Inspiring Connections Outdoors program, an outdoor adventure and environmental education program of the Sierra Club that provides urban youth with positive outdoor experiences, will be featured at our booth this year.
C01	Slipstream Watercraft Stan Zdunek slipstreamwatercraft@gmail.com	Discover Ultralight Paddling with canoes as light as 9 pounds. Legacy designs from the likes of John Henry Rushton, Bart Hauthaway and Robbie Frenette ranging in length from 10' to 17'. Canoes and kayaks produced in high-tech composites including: Kevlar, Carbon, Innegra and S-Glass.
J03	SOLAR Outdoors Carol Rogers solarpresident@solaroutdoors.org	S.O.L.A.R. is a Southeast Michigan based social club with more than 400 members dedicated to the enjoyment of nature and outdoor activities. Whether you are a beginner or experienced wilderness enthusiast, S.O.L.A.R. members offer classes and trips for all skill levels and interests. For more information, go to www.solaroutdoors.org

<b>EXHIBITORS</b> (Alphabetically with booth number)			
M11	Synthia Marsh Jewelry Synthia Marsh synthiamarsh@gmail.com	An Upper Peninsula, Michigan metalsmith showcasing Michigan treasures such as greenstone, Petoskey stones, puddingstones, and Lake Superior agates as well as native Michigan copper. One-of-a-kind jewelry for women and men who appreciate Michigan's natural beauty.	
J13	The Blueways of St. Clair Lori Eschenburg leschenburg@stclaircounty.org	The Blueways of St. Clair will provide information and mapping about our 17 unique water trails in St. Clair County.	
M02	The Happy Camper Kevin Callan callan@sympatico.ca	Author, Kevin Callan, will have some of his books (including his new Complete Guide to Winter Camping) for sale.	
N02	The High Five Tribe Laura Lyons info@thehighfivetribe.com	I will be giving beginner backpacking lessons. We will be discussing gear, trip planning, leave no trace principles, health and safety protocol. I will also be sharing a slide show from my adventures through nearly 70 different countries.	
K01	The Outdoor Kind, LLC John Van Barriger info@theoutdoorkind.com	The Outdoor Kind, LLC, is a family-owned business that was founded specifically to support first responders in rural and wilderness areas. We do this in two ways: 1) direct financial support to these groups, and 2) by conducting educational outreach at schools, club events, public institutions, and outdoors shows and expos. You can learn more about our organization at http://theoutdoorkind.com Stop by our booth for free safety handouts!	
N25	The Power of Water Trey Rouss info@thepowerofwater.net	The Power of Water host of the Great Lakes Sea Kayak Symposium	
H19	The Stick Man Jerry & Kris Haley haleyacres2@gmail.com	Everything rustic hand crafted by Jerry Haley, AKA The Stick Man. Jerry makes beautiful tables, benches, hall trees, camp fire pokers, hot dog roasting forks and so many more special items. He manages to keep his prices low, because living in the woods provides most of his material!	
C09	The Wooden Canoe Shop, Inc. Gil Cramer woodencanoeshop@yahoo.com	Recanvassing an Old Town wood/canvas canoe using traditional cotton duck. This will be done using only hand tools.	
N01	Trailspotters Thomas Funke trailspotters@gmail.com	Trailspotters of Michigan will help you plan your hiking, backpacking, kayaking, or canoeing trip by providing logistical support through advice, shuttling, carspotting and gear rental.	
F10	Tri-County Bicycle Association - DALMAC Steven Leiby director@DALMAC.org	The Tri-County Bicycle Association promotes safe, social bicycling. We operate DALMAC, Michigan's Epic end of summer bicycle event. Bicyclists travel from Lansing to Mackinaw past many of Michigan's scenic vistas.	
116	Two Tracks Outdoors Charles Deshler cadeshler@gmail.com	Custom outdoor gear from Wood and Wool	
B11	Unadilla Boatworks Ron Sell unadilla@att.net	Unadilla Boatworks repair, restoration and custom services. Northstar Canoe sales.	
N04	Uncommon Adventures Michael Gray	The American Canoe Association (ACA) is an international nonprofit that provides safety education, instructor certification, public policy, stewardship and competition (Olympic team) opportunities across paddlesports platforms.	
N15	United States Coast Guard Auxiliary Jonathan Ahlbrand lansingflotilla@gmail.com	The US Coast Guard Auxiliary is the uniformed, volunteer component of the US Coast Guard. We support all of its non-military missions to include boating safety and environmental education as well as search/rescue and other maritime mission support. To learn more or become a member, Visit: www.cgaux.org	
L19	University of Michigan Cooperative Institute for Great Lakes Research (CIGLR) Michele Wensman contactCIGLR@umich.edu	The Cooperative Institute for Great Lakes Research (CIGLR) is a partnership between the National Oceanic and Atmospheric Administration (NOAA), universities, non-government agencies, and businesses. Together, we work to achieve environmental, economic, and social sustainability in the Great Lakes. Join us for our hands-on interactive displays at our exhibit table. Test your Great Lakes trivia knowledge and see how deep Lake Michigan is through 3D glasses.	
106	Upper Grand River Watershed Alliance Paul Rentschler contact@uppergrandriver.org	The Upper Grand River Watershed Alliance is a coalition of municipalities, agencies, businesses, and individuals working together to protect and restore the headwaters of Michigan's longest river. Learn about our activities and how you can get involved, and about one of the newest State Designated Water Trails.	

<b>EXHIBITORS</b> (Alphabetically with booth number)		
C10	Walton Kruger Canoe Exhibit Mark Walton mark.l.walton@gmail.com	Check out the Kruger Canoes at the Kruger Canoe Exhibit and talk to the Walton Brothers about your next wilderness canoe adventure.
K19	Wenonah Brands Torry Moore info@wenonah.com	Wenonah Canoe and Current Designs kayaks.
N21	West Marine Alaina Perry www.westmarine.com	We have what is needed to get you on the water to enjoy your leisure time.
N05	West Michigan Coastal Kayakers Association Lynn Dominguez domin1la@cmich.edu	The West Michigan Coastal Kayaking Association is a member-based club dedicated to safe and enjoyable kayaking on the Great Lakes. We sponsor a number of paddling events throughout the year including our annual symposium, pool sessions during the winter, and camping/paddling events around Michigan.
J16	West Michigan Trails & Greenways Coalition John Morrison director@wmtrails.org	The West Michigan region has hundreds of miles of non-motorized trails for residents and visitors to enjoy and use, and West Michigan Trails & Greenways Coalition is proud to have played a role in the development of that trail network. Learn more about trails you may not know about, and how WMTGC is working to improve connectivity, way finding, and more as we continue our efforts to prove Michigan really is the Trail State.,
H01	Williams Subaru Wesley Pandoff wpandoff@williamsautoworld.com	Williams Subaru, a part of Williams Auto World, provides symmetrical AWD vehicles to go where others cannot. Take a Subaru on your next trip, you will not be disappointed.
G15	Woldumar Nature Association	



## See you next year!

3.7.20





# **MSU** Campus Observatory



Join us in the evening after the Quiet Water Symposium for a public night of free viewing (weather permitting). March 2, 2019 from 8:00 – 10:00 PM



See the stars though a 24inch telescope! The Observatory is located within sight of the MSU Pavilion at 4299 Pavilion Dr. Follow us online at: MSU Campus Observatory @MSU\_Observatory Lunar eclipse photo by Dylan Mankel

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Woodworking Customer

Photography compliments of Allen Deming, Mackinaw Watercraft, a Johnson's Workbench Customer. Boat built and donated by Allen Deming.



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