

Welcome back to the 28<sup>th</sup>

# Quiet Adventures Symposium



**March 4, 2023**

**9-5:30pm at the MSU Pavilion**



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## Partnerships Are Key & Thank You LMB !



This year, we feature a new partnership with The League of MI Bicyclists [www.lmb.org](http://www.lmb.org) (LMB). The role of LMB - to pull together connections, speakers, and the Grand Raffle Prize - has been beneficial to the Planning Committee and to the quality of this event. We are grateful to the work they have put into the 28th Quiet Adventures Symposium as well as their efforts every day on behalf of cyclists everywhere.

**If you have an organization interested in partnering in developing the 2024 programming, please let us know.**

 **bike** **hike** **paddle** **&more**

## Welcome, Friends!



Welcome to our 28th annual Quiet Adventures Symposium (QAS). Since 1996, we have gathered to celebrate non motorized outdoor recreation. This year will mark the transition of Quiet Water Society to Quiet Adventures Society, to match our overall mission promoting quiet outdoor activities of all kinds. We have a new collaboration with the League of Michigan Bicyclists, so more bicycling in the speakers' rooms and on the exhibit floor.

For QAS 2023, we have brought back many of your favorite speakers including Gary and Joanie McGuffin, Hap Wilson, and Cliff Jacobson, along with musician Jerry Vandiver. We have added speakers centered on bicycling including Josh Poquette and James Studinger. *Hint: many speakers sell books or CDs. If you miss a session, look for a speaker's exhibit and you may be able to pick up a copy of what you missed plus much more.*

On the exhibit floor, we have Paddling Adventures Radio again, as well as videographer Thom Bell, capturing the spirit of the event. The exhibit floor is packed with commercial and noncommercial exhibits that will help you get connected, learn, and plan. You will find the Lansing Oar and Paddle Club front and center. Check out the new vehicles from Williams Subaru, our Show Sponsor. Denny's Central Park Bicycles will be there for some bikes to test ride, if the snow is not too high. Pick an activity, a river, a trail, or a park, and we will have someone who can tell you more.

Special thanks to the MSU College of Agriculture and Natural Resources, ANR Week. The MSU Extension 4-H has a great Youth Area! Also special thanks to Williams Subaru, QWS and QAS supporters for many years. Thanks to all our sponsors.

Thank you for joining us today. Explore and find new adventures and maybe some new adventure companions!

**- Cynthia Donovan, President**



## Quiet Water Society

In 1996, the first Quiet Water Symposium (QWS) was created by a loosely organized group of about eleven volunteers/friends, led by Janet Gross and David McCune with the sponsorship of Raupp's Camping. In 2007, with persistence, the Quiet Water Society was created as a nonprofit corporation with a Board of Directors, relying on a strong group of paddlers and boat builders. For the 2020 Symposium, the 25th year of live events, the name of the event was changed to Quiet Adventures Symposium, to reflect the changing mandate for more varied non motorized outdoor activities. For years, groups have told us that the Quiet Water name seemed to leave out their forms of outdoor recreation such as cycling and hiking. Now, all quiet adventures are welcome.

For most of the Symposium history, it has been developed and implemented by scores of volunteers led by the Planning Committee from the Board. For 2018-2022, including the two virtual events, the Board contracted with a private events company, Keystone Solutions, to help implement the Symposium. For 2023, we are back to a volunteer run event, with some private marketing expertise. It is amazing how many volunteers have joined us to make this event happen, after the two virtual events and in challenging economic times.

Thank you to all who join us today and especially to those who return year after year to keep this community of outdoor enthusiasts alive and well. The Symposium is the main source of revenues for the Society. As a non-profit 501(c)(3) organization, we work to keep the fees low and use our resources effectively to ensure the Symposium as a meeting and educational space. We seek to earn enough to be able to give back needed dollars in grants to our communities to help them preserve, protect, and enhance the places we love. We could not do that without our commercial and noncommercial exhibitors, our speakers, our volunteers, and most of all, all the people who come in the door.

**We believe that, as long as nature provides a path,**

**adventure awaits us.**



Soon to be known as:



## Quiet Adventures Society!

In 2023 we will initiate all the steps to become known as the Quiet Adventures Society. Established initially by paddlers and boat builders in 1996, the Quiet Water Society focused on water-based adventures. **However over time, more and more people were interested in seeing a wide range of outdoor non motorized sports at the Symposium.**

With Quiet Adventures Symposium 2023, the Society entered into a collaboration with the League of Michigan Bicyclists, further cementing the expansion from water-based to overall outdoor non motorized activities. The Mission statement for Quiet Adventures Society will remain the same.

### Our Mission



*To educate the public and*

*to encourage participation in*

*non-motorized outdoor recreation;*

*to promote public concern for the water resources of the Great Lakes Region;*

*to support the environmental stewardship and conservation of natural resources;*

*and to plan and execute annual and special events for any or all of these purposes.*

**Media Link Updates Coming Soon, Including:**

**[www.quietadventuresociety.org](http://www.quietadventuresociety.org) | [@QuietAdventuresSymposium](https://twitter.com/QuietAdventuresSymposium)**

Our goal is to smoothly transition other medias to the new name and maintain contact with you all.

# Sponsors of the 28th Quiet Adventures Symposium

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**Williams Subaru**  
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We at Williams Subaru are thrilled to be continuing our sponsorship of the Quiet Adventures Symposium (QAS). The QAS promotes enjoyment and responsible stewardship of our natural environment through invaluable learning opportunities, products and resources. The QAS brings together a community of like-minded individuals and businesses working to advance a common goal: preserving and enjoying all the fresh water activities we have here in Michigan and beyond. Every Subaru built in America is assembled at the first automotive assembly plant in the nation to attain ZERO LANDFILL status. Subaru of America believes strongly in protecting its customers and our environment, because the real measure of who we are----is what we leave behind.



# Surf and Turf Grand Prize Raffles

## Raffle Tickets at the Grand Prize Raffle Table

**one for \$10 | three for \$25**

*No pre sales occurred, your odds of winning are very good.*

**The Grand Prize Raffle winners will be drawn  
at 5:00 p.m. on the day of the event.**



For each of the Grand Prizes, there is one winner selected, with alternates. You do not need to be present to win, but you must be available to claim the prize within 24 hours of the drawing.

### Surf

Paddleboard and Paddle  
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### Turf

Mountain Bike and Riding/Bikepacking  
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## Door Prizes



### Door Prizes Tickets

**One free upon entrance | one for \$1 | six for \$5**

*The door prizes are donated by QAS exhibitors and adventurers*

Additional tickets can be purchased. Drop half of your ticket in the prize's bucket. Keep the other half until the prize is claimed.

Drawings will be conducted throughout the day. The winning numbers will be posted, and prizes can be claimed by those holding a winning ticket.

As you tour the booths, please be sure to thank those who contributed prizes, especially our Grand Prize Sponsors.

The QAS Raffle License and House Rules will be displayed at the event as required by the Michigan Lottery Charitable Gaming Division.



# Exhibitor Listing

4-H / MSU Extension

Association of State Dam Safety Officials

Austin - ResQ Discs

Bike Tour Vacations LLC

Blake Point Press

Bowery Boatworks

Cabin Falls Ecolodge

Chicago Adventure Therapy

Chippewa Watershed Conservancy

Denny's Central Park Bicycles

Dragonflyers of Michigan

Earth's Edge

Eaton Conservation District

Fjallraven

Flat River Watershed Council and Montcalm Conservation District

Flint River Watershed Coalition

Forest The Canoe

FreeStyle Canoeing

Friends of the Fred Meijer Berry Junction Trail

Friends of the Maple River

Friends of the Rouge

Ghost Cat Bags

Grand River Environmental Action Team (GREAT)

Grand Valley Metro Council

Grass River Natural Area

Great Lakes Paddlers

Great Lakes Pursuit

Great Lakes Sea Kayak Symposium

Great Lakes Surf Rescue Project

Great North Real Estate

Heavner Canoe & Kayak, Dalton & Associates

Houghton Lake Area Tourism Bureau

Huron River Water Trail

Isle Royale & Keweenaw Parks Association

Jacobson Exhibit

Kuehl Kuest

LAFF Pathways Paddle and Pedal

Lake Superior Watershed Conservancy

Lansing Oar and Paddle Club

Lansing Rowing Club

League of Michigan Bicyclists

LeValley Outdoors L.L.C.

Little Bay Boards

Michigan Back Roads

Michigan Crossroads Council, Boy Scouts of America

Michigan DNR Parks and Recreation

Michigan Mountain Biking Alliance (MMBA/LMB)

Michigan Scholastic Cycling Association (MiSCA)

Michigan Sea Grant

Michigan State University

Michigan State University Extension

Michigan Trout Unlimited Fly Fishing School

Michigan United Conservation Clubs

Michigan Waterways Stewards

MichiganTrailMaps.com

Middle Grand River Organization of Watersheds (MGROW)

Mid-Michigan Land Conservancy

Mid-Michigan Mountain Biking Association (MMBA)

Moosejaw

Moosewatch

Motor City Mountain Biking Association (MCMBA)

Mr. Mocks Hammocks

MSU Bikes Service Center

North Country Trail Association

Northern Forest Canoe Trail

Northway Big Canoe

Old Mustache Canoe Paddles

Opportunities Unlimited for the Blind

Paddle Antrim

Paddle Songs!

Paddling Adventures Radio (Podcast)

Paddling The Blue Podcast / Paddling Exercises

Pavement Ends Inc.

Pedal Across Lower Michigan

Qajaq TC

Red Cedar Fly Fishers

Rowkraft Products

Shiawassee River Water Trail Coalition

Sierra Club Michigan Chapter

Solar Outdoors

Spruce Root Canoe Co.

Synthia Marsh Jewelry

The Happy Camper

The Lansing Bike Cooperative

The Power of Water

Tour Da Yoop, Eh

Trappers basket

Tri-County Bicycle Association / DALMAC Bicycle Tour

Tri-County Regional Planning Commission

Upper Grand River Watershed Alliance

US Coast Guard Auxiliary

Verlen Kruger Legacy

Water for People

West MI Coastal Kayakers Association

West MI Trails & Greenway Coalition

Williams Subaru

Women's Center of Greater Lansing

Wooden Canoe Heritage Association, Michigan Chapter



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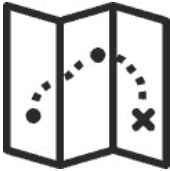
CONTACT  
[info@littlebayboards.com](mailto:info@littlebayboards.com)  
231-753-2026





# 2023 Quiet Adventures Symposium Schedule

This schedule is subject to change

	Main Stage Auditorium	TCBA/DALMAC Grand River Room	Red Cedar Room	Great Lakes Paddlers Au Sable River Room	Denny's Central Park Bicycles Betsie River Room
<b>9:30-10:30</b>	Hap Wilson: TransCanada Trail: Path of the Paddle	John Chase: Paddling Alaska's Prince William Sound		James Studinger: Chasing Plaid: Biking the Upper Peninsula	Jay Hanks and Loretta Crum: Paddling Middle Grand River with LOAPC, MGROW
<b>10:45-11:45</b>	Gary and Linda De Kock with John and LaNae Abnet: Paddling with Gators: Okefenokee	Michael Neiger: Spelunking at Pictured Rocks		Matt Acker: Bikepacking in Great Lakes State	Kenny Wawsczyk: North Country National Scenic Trail, MI
<b>12:00-12:45</b>	Kevin Callan: How to be a Happy Camper	Clint Adams: Intro to Adventure Racing and Orienteering	C: James Dake: Paddling Grass River, Antrim  D: Scott Gritter: Fall Paddling Ontario's McGregor Bay	Zobari Nwidor, Fred Williams and Tiara Coats: From Underground to Water Trails, Blue Spaces for Black Faces	Kris Olsson and David Moran: Paddle and Pedal Huron River Water Trail
<b>1:00-1:45</b>	Gary and Joanie McGuffin: Discover the Boreal and Greatest Lake on Earth	Jonny and Colleen Kuehl: Backcountry Couples: From NCT to Isle Royale	Jerry Vandiver: Songs about Paddling, All Things Outdoors	Jean Tsao: Reducing Risk of Tick Bites!	Todd Poquette: I am not a Race Director...
<b>2:00-2:45</b>	Jim DuFresne: End of the Trail: A Life Well Spent Hiking in the Woods and Sleeping on the Ground	Chris Hanna: Eating, packing, and loving it	Juniper Lauren Ross: Kayaking Isle Royale: Call to Wild Soul	Sean Warren: Empowering Communities: Youth Biking programs	Andrea Graham and Scott Kruger: Life and Legacy of Verlen Kruger
<b>3:00-3:45</b>	Todd Poquette: 906 Adventure Team Building Youth Resilience	Bob Pratt: SUP: Stand Up Paddleboard 101	Neal Glazebrook: League of Michigan Bicyclists (LMB): Past Present and Future	Gwen Botting and Andrea Knepper: Kayaking Blind: Independence in Apostle Islands	Ron Porritt: Wolves, Moose, and Isle Royale
<b>4:00-5:00</b>	Cliff Jacobson: How to Protect Yourself and Your Camp from Troublesome Bears!	Robert Bunnell: Nothing to Something- How Gravel Has Made Cycling Accessible	LMB: E Powered Recreation: Yes, No, Maybe? Panel Discussion	Tim Gallaway: Michigan's Superior Shore Kayak Expedition	Stacie and Vince Sadowski: Kayaking Upper Peninsula Rivers: Epic Misadventures
<b>5:00</b>	<b>Exhibition Hall near entrance to Arena</b>		<b>Verlen Kruger Award, Stacy Smith Award and Grand Prize Raffles with music by Jerry Vandiver</b>		

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## Matt Acker

### Bikepacking Adventures in the Great Lakes State

**10:45 - 11:45 Au Sable River Room**

Matt will introduce you to the world of Bikepacking; an exciting way to enjoy the back roads, trails and greenways of Michigan. He will describe many great areas to explore, and share some resources and ideas for adventures by bike, as well as amusing stories about the Michigan Off-Road Expedition Route.

Matt Acker is a professional cyclist who spends many weeks on the road every year, training, exploring and adventuring by bike all over the world. He rides for Salsa Cycles and 45NORTH, and works on their new product development and testing. He established the Michigan Off-Road Expedition, which extends over 1,000 miles from Indiana to the Porcupine Mountains, and has helped develop routes for many other cycling events.



## Clint Adams

### Intro to Adventure Racing and Orienteering

**12:00 - 12:45 Grand River Room**

Discover the basics of Adventure Racing and Orienteering, the difference between the two, and what it takes to get into each sport. During this fun, hands-on presentation, participants will navigate their own copy of a map as we review the basics of using a compass, explain techniques and discuss common terminology. After conquering these basics, we will review equipment needed, different formats, training, and course ratings.

Clint Adams is General Manager of Moosejaw Birmingham and former Event Director for Southern Michigan Orienteering Club. He enjoys adventure racing, canoeing, biking, running, and just getting out there. He has been competing in adventure races since 2010, ranging from short sprints (2hrs) to multi-day events.



## Gwen Botting with Andrea Knepper

### Kayaking Blind - Independence at its Best in the Apostle Islands

**3:00 - 3:45 Au Sable River Room**

This inspiring presentation recounts the trip of a lifetime provided to blind teenagers and staff, captaining their own kayaks on Lake Superior in the Apostle Islands. Through amazing photos, we'll share in their exhilarating experience and learn about its critical impact for these campers and volunteers.

Gwen Botting is Executive Director of Opportunities Unlimited for the Blind (OUB). Andrea Knepper, of Chicago Adventure Therapy (CAT), is a licensed Clinical Social Worker, sea kayak instructor and wilderness guide.

OUB conducts annual Adventure Trips for the visually disabled to a wide variety of outdoor locations including river trips, hikes, caving and more.



## Robert Bunnell

### Nothing to Something - How Gravel has Made Cycling Accessible to Michigan

**4:00 - 5:00 Grand River Room**

Gravel cycling has opened up cycling to thousands of new participants in Michigan. Communities that were not cycling-friendly are now destinations for dedicated riders. Learn how this form of cycling started, its impact on the cycling industry and on small communities. Robert will discuss his volunteering experiences, leading cycling groups, and fostering community growth.

Robert is co-founder of Livingston County Gravel Riders and co-founded Team Consolidated, a gravel and mountain bike cycling team. Robert is from Southeast MI. He works as a physical therapist, personal trainer, and seasonal bike shop employee.





## Kevin Callan

### How to Be a Happy Camper

**12:00 - 12:45 Main Stage Auditorium**

Always entertaining and informative, Kevin will talk about motivations for getting out in the wilderness, how to be happy, comfortable, content, skillful, and dependable while out there, and ways to motivate others to get out too. From cool gadgets to portaging etiquette to the perfect bush martini, Kevin shares insights gained from countless paddle strokes through Canada's waterways.

Kevin Callan is an award winning outdoor writer, speaker and film-maker, well-known across North America. He is a regular guest on several television and radio shows and has authored 19 books, including his latest: "Another Bend in the River: The Happy Camper's Memoir." Kevin was listed among the top 100 modern day explorers by the Canadian Geographical Society, and made Patron Paddler for Paddle Canada.



## John Chase

### Paddling Alaska's Prince William Sound

**9:30 - 10:30 Grand River Room**

Towering peaks, flowing glaciers, and an unforgettable experience. Join us as we explore a route through the southwest portion of Prince William Sound, including tips about the must-see places and campsites along the way.

John Chase is an ACA Coastal Kayak, River Kayak and SUP Instructor and Instructor Trainer, and a NASM certified Personal Trainer, as well as a guide, and speaker. He is the host of the "Paddling the Blue" podcast, and author of "Power to the Paddle: Exercises to Improve your Canoe and Kayak Paddling." When not on the water, John enjoys mountain and road biking, adventure racing, rock climbing, and alpine mountaineering.



## James Dake

### Paddling the Grass River in Antrim County

**12:00 - 12:45 Red Cedar Room Part C (left hand side)**

Antrim County's beautiful Grass River flows within the Grass River Natural Area, connecting Lake Bellaire and Clam Lake; part of the Chain of Lakes system flowing into Traverse Bay. James has paddled the Grass River in every month of the year, and leads kayak tours on the river. He takes us on a virtual tour of the river's history, ecology, and discusses conservation efforts to keep it healthy.

James Dake has been Education Director at Grass River Natural Area since 2014, and is a Certified Interpretive Guide through the National Association for Interpretation. He is the author of Grass River's Field Guide to Northwest Michigan, as well as author of a field guide of the flora and fauna of New York's Finger Lakes Region.



## Jim DuFresne

### The End of the Trail: A Life Well Spent Hiking in the Woods and Sleeping on the Ground

**2:00 - 2:45 Main Stage Auditorium**

This year Jim DuFresne's classic guidebook "Isle Royale National Park: Foot Trails & Water Routes" will celebrate its 40th year of continuous publication. The "backpacker's bible" for Isle Royale was the first detailed trail and paddling guidebook to an area in Michigan. The author will reflect on his long career of outdoor writing, showcase some of his best adventures, and explain why it's time to follow a different path.

Jim DuFresne has written more than 20 books about wild places: from Alaska's Glacier Bay to Michigan's Porcupine Mountains. A new Sleeping Bear Dunes map will be featured.



## Gary & Linda De Kock and John & LaNae Abnet

### Paddling with Gators: Canoeing the Okefenokee National Wildlife Refuge

**10:45 - 11:45 Main Stage Auditorium**

Gary, Linda, John, and LaNae will share their adventures and misadventures in canoeing the Okefenokee National Wildlife Refuge, home to countless species of birds, fish, mammals, and reptiles. Both couples are known for their encounters with law enforcement, and this trip was no exception!



Gary and Linda De Kock, are avid paddlers, and leaders in the paddling community, including in the Quiet Water Society. They have completed several months-long river trips, using their adventures to raise funds for safe water and sanitation with Water for People. They are the 2023 Verlen Kruger Award winners.

John and LaNae Abnet have shared many inspiring adventures, they have train-hopped through the Canadian wilderness, paddled the big waters of Lake Huron, and kayaked in the arctic. They are the first couple to kayak the Wabash River source-to-sea.



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THROUGH DESIGN, PUBLICATION, AND EVENT SERVICES

## Tim Gallaway

### Michigan's Superior Shore Kayak Expedition

**4:00 - 5:00 Au Sable River Room**

In 2021, Tim Gallaway kayaked solo about 650 miles from Saxon Harbor, Wisconsin, to Mackinaw City, Michigan, paddling the Keweenaw and Copper Country to his home waters of the St. Marys River and Les Cheneaux Islands before finally crossing the Straits of Mackinac.

Tim began his kayaking career as a guide and ACA instructor at Woods & Water Ecotours in the Upper Peninsula of Michigan. In 2018, Tim traveled to Greenland to compete in the National Qajaq Championships. In 2021 he soloed the entire Lake Superior and Lake Huron shores in Michigan. He has a vlog series on his travels in Greenland and Lake Superior on YouTube. Tim teaches kayaking skills around the country and has his sights on bigger expeditions.



### E Powered Recreation: Yes, No, Maybe?



**4:00 - 5:00 Red Cedar Room**

Should Class 1 e-bikes be allowed on Michigan's state-owned natural surface trails? How about Class 2? Under what circumstances? What about "unclassified electric vehicles" – souped-up contraptions that don't meet the legal definition of an e-bike? With representatives from DALMAC, MTGA, DNR, and more, the panel will look at these questions, pros and cons, best practices in other states, and possible ways forward for Michigan mountain biking.

HOST: Nicky Bates - Development and Membership Director, League of Michigan Bicyclists

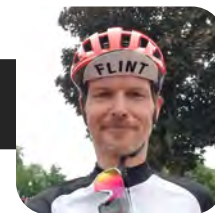
## Neal Glazebrook

### LMB events past, present, and future

**3:00 - 3:45 Red Cedar Room**

Neal Glazebrook will present a history and road map of where the League of Michigan Bicyclist events have been and where they are heading. Road touring has been the mainstay of offerings in the past but recent organizational shifts have broadened the event line up - showing not only with Michiganders but folks from around the globe how great of a cycling state Michigan is.

Neal is the Events Director for the League of Michigan Bicyclists, and a board member for a number of non-motor transportation boards in Michigan. In his professional role he plans and staffs single and multi-day cycling tours, as well as designs event courses, helps facilitate infrastructure development, and in general, focuses on non motorized and active mobility initiatives. Neal is an avid amateur cyclist who competes in races as well as riding both for sport and for pleasure.



## Andrea Graham -

### Scott Kruger

### The Adventurous Life and Legacy of Verlen Kruger

**2:00 - 2:45 Betsy River Room**

Verlen Kruger's life story and paddling accomplishments inspired others to take hold of their dreams and make them reality! Learn more about this canoeing legend with a photo presentation chronicling his life.

Andrea Graham and Scott Kruger are grandchildren of Verlen Kruger. They are also co-founders of the newly formed organization, Verlen Kruger Legacy. The mission of Verlen Kruger Legacy is to preserve the legacy, stories, and accomplishments of Verlen Kruger, one of the greatest canoeists of all time and to inspire future generations to appreciate nature, quiet water sports, and human potential.





## Scott Gritter

### Fall Paddling in Ontario's McGregor Bay

**12:00 - 12:45 Red Cedar Room Part D (right hand side)**

Come find out what it's like to paddle among Lake Huron's 30,000 islands in the McGregor Bay, just outside Kilarney Provincial Park. Scott and three friends spend eight days exploring this beautiful area during fall's spectacular color show.

Scott has been exploring the outdoors for over 30 years through numerous day and overnight canoe trips, leading week-long backpacking trips, and finding new rustic camping experiences with his family.



## Jay Hanks - Loretta Crum

### Paddling the Middle Grand River in Michigan with MGROW and LOAPC

**9:45 - 10:30 Betsie River Room**

After the Grand River Expedition was canceled in 2020, in 2021 the Lansing Oar and Paddle Club offered seven days of paddling on the Middle section of the Grand River from Eaton Rapids to Portland for over 40 participants in MGROW GREx 2021.

Jay Hanks has been paddling rivers in Michigan, the Eastern United States, and Canada for over 50 years. He helped start the Lansing Oar and Paddle Club in 1987 and is the current President.

Loretta Crum has been paddling since 1997 and has served on the board of the Lansing Oar and Paddle Club since 2010. She was a co-founder of the Middle Grand River Organization of Watersheds, currently serves as MGROW's treasurer, and helped organize Grand River Expedition 2010.



## Chris Hanna

### Backcountry Cooking: Eating, Packing, and Loving It!

**2:00 - 2:45 Grand River Room**

Preparing for backcountry travel is all about preparation for joyful eating, and stress-free packing. There will be less emphasis on recipes, but more on ingredients, equipment, and tips to use on your next trip.

Chris has been a lifelong paddler on lakes and rivers. Emphasis will be on paddling trips especially those new to backcountry travel. Topics will include the creative use of heat, Swedish invasion of equipment, spices with an impact, addressing diet restrictions, and cooking insights. Chris is participating in his 8th symposia.



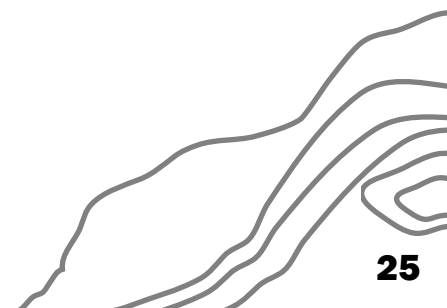
## Cliff Jacobson

### How to protect YOURSELF and YOUR CAMP from troublesome bears!

**4:00 - 5:00 Main Stage Auditorium**

What should you do when you meet a bear on the trail or in camp? Here is practical up-to-date information about bears that you can use whether in the Arctic or the Boundary Waters Canoe Area.

A retired environmental science teacher (34 years!) Cliff Jacobson is one of North America's most respected outdoors writers and wilderness guides. He is a professional canoe guide and outfitter, a wilderness canoeing and camping consultant and the author of over a dozen top-selling books on camping and canoeing. Cliff is a distinguished Eagle Scout, a recipient of the American Canoe Association's prestigious Legends of Paddling Award, and a member of the ACA Hall of Fame.







**WILLIAMS**



**SUBARU**

*Confidence in Motion*





## Colleen Kuehl and Jonny Kuehl

**BACKCOUNTRY COUPLES-  
Backpacking Michigan  
together! From the NCT to  
Isle Royale**

**1:00 - 1:45 Grand River Room**

It's all about adventuring together! This backcountry couple started out with passion and 60lb backpacks only to realize they could go further and deeper into the backcountry going ultralight. Come join as they showcase gear plus share some stories and tips on how fun and cool it is trekking as a team in all seasons!

Canadian native Colleen Kuehl and American husband Jonny, make no claim to being professional outdoor adventurers. However, both have an amazing enthusiasm for paddling, backpacking and backcountry camping! Colleen and Jonny have section hiked the North Country Trail, trekked trails in the Porcupine Mountains, end to end completion of Pictured Rocks and backpacked Isle Royale National Park. They have facilitated clinics to other couples looking to start adventuring together. You can catch them on their Backcountry Couples Livestream on YouTube where they showcase other couples from around the world who share their love of the outdoors together! When not on trail they find a great deal of pleasure simply sitting around a campfire, and sharing a beverage with old and new friends alike.



## Joanie and Gary McGuffin

**Discover the Boreal and  
Explore the Greatest Lake on  
Earth**

**1:00 - 1:45 Main Stage Auditorium**

The Boreal, circling the northern hemisphere, is the largest remaining intact forest ecosystem on the planet. Its health and well-being are linked to every one of our lives in a myriad of ways. Come paddle with us from Alaska to Labrador to Lake Superior.



It's time we all come to know this place where billions of songbirds breed, billions of tons of carbon are stored and hundreds of sovereign Indigenous Nations live—their cultural wisdom being a singular path to human survival in these Climate Changing times. The Boreal is a paddler's paradise for the vast network of lakes, rivers and, most accessible, the freshwater Great Lakes shoreline on Lake Superior's North Shore. We all need a place to plant our seeds of Hope for the Future. The Boreal is a place to begin a journey of personal connection to the Greatest Forest on Earth and the Greatest Lake on Earth.

Joanie and Gary McGuffin have spent a lifetime together canoeing rivers, lakes, and coastlines with a particular love for the Boreal and Lake Superior. Their combined skills as authors, photographers, paddlers, and wilderness adventurers have led to eight best-selling books celebrating paddling and the beauty of these landscapes. For many of the Symposium's 27 years, the McGuffins have shared their love of paddling and the natural world.

The McGuffins have participated in the development of a Smithsonian Institution traveling exhibit Knowing Nature: Stories of the Boreal Forest. This exhibit will make its national premier at the MSU Museum. The exhibition focuses on the biodiversity and global importance of our northernmost forests through first-person stories, commissioned objects, interactive experiences, and exquisite photography and videography. Visit the MSU Museum April 19, 2023 - November 12, 2023!







Want to keep your favorite waterways healthy and clean?

**Sea Grant Michigan**

**JOIN OUR FREE ONLINE TRAINING COURSE.**

[bit.ly/MIPaddleStewards](https://bit.ly/MIPaddleStewards)

## Michael Neiger

### Spelunking at Pictured Rocks National Lakeshore

**10:45 - 11:45 Grand River Room**

Experience the adventures of 13 hikers on a 4-day off-trail backpacking and caving trip in Pictured Rocks National Lakeshore. Along the way, they explore the 2,000- person Amphitheater — the mother of all backcountry caves in the Lakeshore — and its 50-foot waterfall located over a mile back in the bush from the shore of Lake Superior.

Michael Neiger lives in Marquette, Michigan, along the south shore of Lake Superior. Since 1984, he has organized and led 100's of backpacking, canoeing, mountain biking, skiing, snowshoeing, winter camping, and caving trips and expeditions in the bush between the Upper Great Lakes in Michigan and the Arctic Ocean in Canada. He is a certified wilderness guide with the Sierra Club, and a member of the Wilderness Guides Association and a generous supporter of QAS.



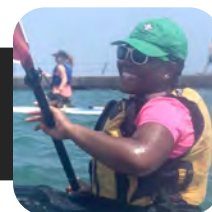
## Zorbari Nwidor, Tiara Coats, Fredrick Williams

### From Underground to Water Trail: Blue Spaces for Black Faces

**12:00 - 12:45 Au Sable River Room**

The African American Heritage Water Trail on the Little Calumet River is a historic and vibrant trail. The 7-mile-long trail honors those who traveled the Underground Railroad and embraces the mission to make outdoor spaces more accessible to people of color. A key component of the water trail is to affirm, reclaim and sustain these spaces for black faces.

Zorbari Nwidor is from Chicago and a senior director at Chicago Adventure Therapy. She has been paddling for over 10 years and working with people of all ages in the Chicagoland area



to break barriers in the outdoors and adventure sports. Tiara Coats has worked with Chicago Adventure Therapy since 2014 and is a paddle sports coach. Fredrick Williams is a paddle sports instructor for Chicago Adventure Therapy and has worked with under represented communities for about 3 years.

## Kris Olsson, David Moran

### Paddle and Pedal Southeast Michigan's Huron River Water Trail

**12:00 - 12:45 Betsie River Room**

Huron River 104! Kris Olsson and David Moran will take you on a visual tour of a section-by-section trip of the entire river completed in a single summer. The river has a protective designation of "Country Scenic Natural River," and winds through ten Metroparks, three state parks and countless small community parks.

Kris and David are avid bicyclists, cross country skiers, paddlers, and all things outdoors. They like the "up north" feel of the Huron River and the convenience of a short drive time. She works at the Huron River Watershed Council, and he teaches law at the University of Michigan Law School. Kris and David live in Ann Arbor with their two daughters and three dogs.



## Todd Poquette

### 906 Adventure Team - Youth Resilience and Skill Building Through Cycling

**3:00 - 3:45 Main Stage Auditorium**

906 Adventure Team supports nine youth Adventure Teams for boys and girls age 5-17 in Michigan, Wisconsin, and Ohio. In 2022, their youth resilience programs reached more than 700 youth and trained 300+ volunteers to help youth develop a growth mindset, build confidence, and overcome obstacles by learning to embrace doing hard things.



When he's not helping others find a way out of their comfort zone he works on getting out of his own. His most recent project, Project Adventrus 2.0, was a 1,650-mile human powered off-road circumnavigation of the Upper Peninsula by bicycle. The crew completed the mission in 17 days.

Poquette distills his view on life this way: Life isn't fair, the world isn't safe, there is no finish line. Founder of 501(c)(3) Non-Profit 906 Adventure Team. Their mission is to empower people to discover the best version of themselves through outdoor adventure.



## I am not a Race Director...

**1:00 - 1:45 Betsie River Room**

Todd Poquette will also present a unique take on events, rules, awards, egos, and building community by describing their style of event production. We don't run races, we create experiences. Todd will talk about the difference and why their experiences have been successful.

Poquette directs the Triple Crown Endurance Series (Polar Roll, The Crusher, Marji Gesick). He has become infamous for his ability to help people find their limits. The events support admin and operational expenses as well as local trails. Since 2015, 906AT has donated more than \$220,000 to trail organizations.



## Ron Porritt

### Wolves, Moose, and Michigan's Isle Royale National Park

**3:00 - 3:45 Betsie River Room**

The Wolf-Moose Project on Isle Royale has a long and storied history. Over the last 64 years researchers have been collecting data and observing the life cycles of wolves and moose as part of the island's ecosystem. Ron will share his experiences with the project, the people that keep it going, and how the project extends beyond Isle Royale.

Porritt, from Hudsonville, first volunteered for the Wolf-Moose Project in 2013. He enjoys sharing his love of nature with youth groups, hikers, and other travelers. Managing the wilderness is a thorny subject and he helps people discover the research and discuss the issues.



## Bobby Pratt

### SUP Stand-up Paddleboard 101

**3:00 - 3:45 Grand River Room**

SUP, or Stand-Up Paddleboard, is the fastest growing water sport in North America. Bobby will talk about the origins of the sport. He will give advice about how to choose the right equipment and safely begin enjoying the water the SUP way. If you're an experienced paddler he'll cover new paddling opportunities.

Bobby Pratt is a water safety advocate and an avid SUP paddler, windsurfer, open water swimmer, surf lifeguard, prone paddler, kayaker, and surfer. After retiring from the East Lansing Fire Department, he co-created the Great Lakes Surf Rescue Project to promote water safety in the Great Lakes region. Bobby has spoken at hundreds of water safety events including several national conferences and international symposiums.



## Juniper Lauren Ross

### Kayak Isle Royale: A Call to Your Wild Soul

**2:00 - 2:45 Red Cedar Room**

Isle Royale is the U.S.'s least visited and most revisited National Park. While serious situations can occur in this remote wilderness, almost anyone who wants to, can plan, and execute a safe and enjoyable Isle Royale kayaking experience. Juniper will be your guide, with her tips on planning, navigation, and packing.

Juniper Lauren Ross is the author of *Kayak Isle Royale: A Call to Your Wild Soul*. She made her first kayak trip to Isle Royale in 1991 and has returned more than a dozen times with friends and family. She's made four solo Isle Royale trips and circumnavigated three times. When she's not on Lake Superior, find her on her home waters in Austin, Texas, scouting the shores for ripe wild cherries.



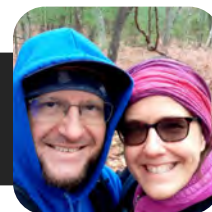
## Stacie and Vince Sadowski

### Kayaking the UP's Fox and Manistique Rivers: An Epic Misadventure

**4:00 - 5:00 Betsie River Room**

Follow a group of friends on a week-long kayak camping misadventure on the Fox and Manistique Rivers. From the tag alder covered narrow headwaters to the wide and slow dam pond outside of Manistique, hear about the self-inflicted dangers, strainers at every turn, portages galore, foul weather, bad advice, and gear fails that made for a story to laugh about... later. Full of valuable tips, location information, and kayak camping lessons learned the hard way!

Vince and Stacie Sadowski have a combined three decades of experience with backcountry camping, backpacking, canoeing, and kayaking. Vince is a DIY gear enthusiast, seasoned outdoorsman, and navigator. Stacie is an outdoor writer, naturalist, and a Leave No Trace Certified Trainer. They are co-creators of [TwoWeeksinaHammock.com](http://TwoWeeksinaHammock.com), an educational initiative to inspire regular folks to get out into nature. As two





middle-aged people with average fitness levels and more time than money, they model an active lifestyle of adventure.

## James Studinger

**Chasing Plaid – Biking 1,200 Miles Around the Entire U.P.**

**9:30 - 10:30 Au Sable River Room**

Have you ever road biked all day and saw fewer cars than your fingers and toes? In 2018 James embarked on a 1,200-mile journey around the entire perimeter of the Upper Peninsula - creating Tour Da Yoop, Eh. Learn all about this safe biking pavement phenomenon in the U.P.



James Studinger grew up in Manistique. He has hiked from Lake Superior to Lake Michigan with map and compass. His only rule - he couldn't use a manmade road or trail. James uses a combination of new and old technology to explore and forge his own path.

## Jean Tsao

**Reduce the risk of tick-bites and enjoy your quiet adventures!**

**1:00 - 1:45 Au Sable River Room**

Who wants to come home from their quiet adventure a find a tick attached to them or their furry companion? NO ONE! Ticks love Michigan and unfortunately, the risk of tick-borne diseases is increasing. Come learn how to make tick prevention a habit so that you can continue to enjoy your quiet adventures!



Jean Tsao is a professor at Michigan State University with more than twenty years of experience studying the ecology of ticks and tick-borne pathogens. With more than 300,000 human cases estimated a year, Lyme disease is the leading vector-borne disease in the United States and the risk of tick-borne diseases (there are others!) continues to increase not only in Michigan, but across the US.

## Jerry Vandiver and Amberly Rosen

**Songs about paddling and all things outdoors!**

**1:00 - 1:45 Red Cedar Room**

Jerry Vandiver has song credits on over 15 million records and paddling credits on countless rivers, streams, and lakes across North America. Jerry and his extraordinary fiddle player will be mixing in some new songs along with some old favorites. Be ready to smile, sing along, and tap your toes!



Award winning songwriter and avid paddler Jerry Vandiver has had his songs recorded by The Oak Ridge Boys, Barbara Mandrell, Phil Vassar, Lonestar and Tim McGraw. Thanks to these artists, Jerry's songs can be found on two records hanging on the walls of the Country Music Hall of Fame. Jerry has combined his music and paddling passions to create a unique and fun presentation about our "quiet adventures" including selections like "Camp Coffee" and "Too Many Boats".

## Sean Warren

**Empowering communities to develop and grow youth mountain biking programs**

**2:00 - 2:45 Au Sable River Room**

Mountain biking is a growing sport for kids across Michigan and the skills learned carry forward as they grow. Mountain biking provides structured and unstructured "play" to allow youth to make choices, face consequences, and overcome adversity.



Sean Warren is the Executive Director for the Michigan Scholastic Cycling Association (MiSCA). Sean is passionate about getting more kids on bikes. Over the past decade, he has been an active member of MiSCA. Sean holds a MBA from the University of Michigan-Dearborn, after completing his undergraduate degree in Marketing Management from Davenport University.

## Kenny Wawczyk

### North Country National Scenic Trail - Overview and in Michigan

**10:45 - 11:30 Betsie River Room**

The North Country Trail (NCT) winds its way across Michigan having begun in Vermont and ending in North Dakota. In Michigan the trail offers unparalleled scenery and great campsites. Learn about the NCT and what it has to offer you. The NCT thrives when volunteers pitch in. Come see where the trail takes you!



Kenny Wawczyk has worked as the Michigan Regional Trail Coordinator (RTC) for the North Country Trail Association for the past seven years. Prior to that he worked seasonally for seven years with the U.S. Forest Service as Trail Crew Leader. As an RTC he works closely with volunteers, land managers and partners. Kenny designs new trail segments, constructs trails, and locates and maps trails using the latest technology. He applies for permits, writes grants, and conducts trainings.

## Hap Wilson

### Canoeing the Trans Canada Trail "Path of the Paddle"

**9:30-10:30 Main Stage Auditorium**

Join Hap Wilson to learn about his mapping of 1,000 miles of the northwest Ontario section of the Trans Canada Trail. His new guidebook illustrates the numerous exciting canoe routes found along this national historic waterway trail. Hap will talk about why this route offers so much to kayakers, canoeists, hikers, and paddleboarders.



Hap Wilson is the author of 14 guidebooks, novels, and short stories, and is a photographer, artist, and wilderness guide. He co-founded the environment group Earthroots in Toronto. Hap has traveled more than 50,000 miles by canoe, mapping out much of the Canadian wilderness. He is accompanied by his wife Andrea who is a key figure in the paddling community and owner/operator of the "canoe-in" ecolodge in Temagami's wilderness park.



## Turf Grand Raffle Prize!

- 1 GODSPEED Holy Roller Mountain Bike, courtesy of Cyclefit Sports, sized to fit winner
- 2 Widefoot Litter Cages & 2 CargoMounts with voile straps
- 1 BarYak Expedition Mount & Upcycled Harness
- Ghost Cat Bags custom Puddy frame bag & Abby feed bag, produced to size after awarded
- 1 Revelate Designs Mag Tank Blue Bag
- 1 Fargo Sub 48 Bike Tour Entry, courtesy of Pavement Ends and Matt Acker

This prize pack will get you all the gear you need to start your journey into the world of bikepacking. With plenty of versatile mounts and bags, you can stash anything you need as you ride on FARGO SUB 48, Sept. 22-24, 2023. If you'd like to try out your gear on a supported ride, check out [LMB.org/tours](http://LMB.org/tours).

**TURF RULES\***: Winner will be able to take all gear from the



event, except for the Ghost Cat Custom bags and the GODSPEED Holy Roller Mountain bike. The bike, sized for you, can be picked up from Cyclefit Sports in Fenton or Saginaw, MI. The bags will be custom-made to size as you order directly with Ghost Cat. Tickets sold at Quiet Adventures Symposium only for **\$10 each or 3 for \$25**. Winner must claim prize within 24 hours.



\* See Specific House Rules at QAS Raffle Table, per MI Raffle Licensing

## Scott Fairty 1961-2022

### In Memoriam

Scott was a force of nature, known to many in the mid-Michigan paddling community and beyond. So many of us have “Scott stories” about the time when we did something right and Scott would say “That didn’t suck.” High praise indeed.



In 1961, he signed up for a whitewater course at the local YMCA and from there forward, as he said in his Power of Water blog: “I was hooked. I had a couple more out-of-boat experiences during the day but was completely drawn in by the sense of calm control in the midst of a chaotic environment, by the unique perspective it gave of the river I had driven past hundreds of times without recognizing it’s amazing beauty, of the camaraderie that quickly developed amongst the group sharing this incredible experience and by the sense of satisfaction of having successfully pushed my limits.”

Working with Christian refugees in Burma left a lasting impact on him and his dedication to make lives better, while exploring the world around us. In recent years, he enjoyed sharing his love of Ireland with sea kayaking trips of a lifetime. He found joy in helping beginning paddlers learn to have self-confidence to find their inner strength and push forward, conquering new waves and skills. All of this was with a quiet humor, cajoling, and smiling along the way. You will be missed, Scott, by all of us, especially by your wonderful family.

## Dan Smith 1951-2022

### In Memoriam

Danny “Dan” Ray Smith, 71, of Portland, Passed away on Thursday July 21, 2022.

To describe Dan in one word may be a little difficult. Kind hearted, friend to everyone, honest, hero, father to more than his own, enthusiastic and at times embarrassing are just some words that those who knew him would use.



For those that knew him, he stood up for what he believed in and was able to inspire not only his own family and friends, but many people in the community that he got to know through his lifetime. Dan was an adventurous man who never chose the path of least resistance.

Dan’s experience with canoeing started with a simple Aluminum Canoe and through the years would try out more options until finally settling into his favorite brand we all know and love, a Kruger crafted Sea Wind. He could sometimes be found helping to build these vessels with his friend, Verlen Kruger in Lansing, Michigan.

Dan served as president of the Verlen Kruger Memorial Planning where he and others were selflessly able to raise enough money to erect a life-sized bronze statue in honor of their friend and hero.

The “Breeze” was a name that many came to know him by as he could roll into a gathering with full force, and just like the breeze, be gone, onto the next activity, leaving people with only the highlighted memories of the day. If you ever asked Dan how much further until reaching the destination on the river, you would most likely get a response of, “just around the next bend” whether it was or not.



**volunteer@quietwatersociety.org**

The Quiet Water Society

PO Box 27412 Lansing, MI 48909



**Media Link Updates Coming Soon, Including:**

**[www.quietadventuressociety.org](http://www.quietadventuressociety.org)**

**@QuietAdventuresSymposium**

## **2023 QAS Planning Committee**

It has been a wild ride this year, after two years of virtual events and now the first live event since 2020. With a new Board configuration, the Planning Committee has met what seems like an infinite number of times in the past 7 months to create and coordinate the event you see here today. Volunteer members and their subcommittees put in countless additional hours to bring you what we feel is a unique opportunity to come together to celebrate outdoor adventures. The members of this year's Planning Committee are (in alphabetical order):

Emma Bailey, Rich Bailey, Sally Burns, Loretta Crum, Cynthia Donovan, Liutaurus Gedvilas, Neal Glazebrook, Pat "Flipper" Harrington, Kate Lederle, Joe Lessard, Alexis Linder, Ann Riley-Gawura, and Lauren Ross.

We had professional help from Ann Siegle of Marketing Acuity, LLC, Monica Williamson of Williamson Creative Agency, LLC and contributions from the League of Michigan Bicyclists, but we were our own event planners. Without the incredible efforts of

[continued] Gary and Linda De Kock, 2023 Kruger Award winners, through the years, QWS would not have survived the ups and downs and COVID.

In addition, without the unselfish dedication of our Planning Committee members over time, the Quiet Water Symposium would have long ago disappeared and Quiet Adventures Symposium would not have moved forward.

One year at a time, the Planning Committee will bring together all of us who share a love for the outdoors and protecting this incredible world we live in. Thanks to all who join us and who return year after year to keep this outdoor community alive and well. As long as water flows along, and the trails through the woods are beckoning us, we and our friends will set out to discover where they lead.

**If you have a passion for this event, we strongly urge and request you get in touch.**

## Volunteers Are The Key

A large number of volunteer hours accumulate when organizing an event such as The Quiet Adventures Symposium. All of them are crucial to our success.

- > Whether it's the months of planning,
- > The fine details that happen behind the scenes,
- > Whether volunteers are new and bringing fresh ideas, or seasoned key persons that are sharing experience on lessons learned over the years, without them, we wouldn't be here enjoying Quiet Adventures Symposium.

Volunteers get tired and retired, and they move around. We constantly need new people!

Please take a moment to give them a big smile &

*Thank You!*



## A little F.A.Q.

- > Are there positions that need to be filled on the board of directors? **YES**
- > Are there are positions that need to be filled on the planning committee? **YES**
- > Are there are roles that can be done without living in the mid-MI area? **YES**
- > When does the planning committee do this work? **Annually, May to March**

Without the volunteers of QAS, we'd all be twiddling our thumbs on the first Saturday of March.

But this event is not just about the volunteers that create and manage QAS. There's also the volunteers for all the non-profit groups that make up an important part of QAS.

Most of the folks here have a passion and represent it proudly with a smile and activism as role models.

Many of our commercial exhibitors are giving up their weekends and rely on family and friends for setting up and managing their exhibits. There is a community spirit inherent in volunteers.



# The Verlen Kruger Award



Verlen Kruger, a world record canoeist from Delta Mills, Michigan, was named "The River Guardian" at the 2003 Quiet Water Symposium. This was a heartfelt honor from the mid-Michigan paddling community. Verlen was recognized for his outstanding achievements and records in paddle sports, for bringing international awareness to our environmentally sensitive waterways, and for fostering stewardship of our treasured water resources. Each year, we recognize others who embody his spirit.

On March 4, 2023, in a live presentation at the 28th Quiet Adventures Symposium, the 2023 Verlen Kruger Award will be given to **Gary and Linda De Kock**, two paddlers who have earned the highest respect from those familiar with their years of leadership in the paddling community. They are past President and Secretary, respectively, of the Quiet Water Society. With their paddling missions and their unfailing support to the Quiet Water Society and to the Symposium, they continue the Kruger spirit.

For over 45 years, they have been paddling together, from the Mississippi River to the Missouri River and Michigan's own Grand River and more. They met River Angels everywhere and became ambassadors for paddlers wherever they went.

Their commitment to Water for People demonstrates their belief that we are a global society, and they seek to make a difference in the world. In this case, they support the development of potable water supplies in developing countries, including in February 2023 with their Suwanee River Trip. For decades, they have given selflessly of their time and talents to ensure that we can all get together each year, whether virtually or in person, to share experiences, knowledge, skills, and passions. Gary and Linda join the ranks of the previous Verlen Kruger Award winners, all recognized for bringing awareness to our environmentally sensitive waterways, and for fostering stewardship of our treasured water resources.

They will receive a plaque, and a brick on which the date and the names of the recipients is engraved. A duplicate brick will be added to the walkway around the Verlen Kruger Memorial located by the Grand River in Portland, Michigan. The recipients' names are also to be engraved on a plaque that is housed at the AuSable River Center in Roscommon, Michigan.

## Recipients

2003	2004	2005	2006
Verlen Kruger	James C. Woodruff	Janet Gross & Dave McCune	Gloria Miller
2007	2008	2009	2010
Albert Schultz	Dan Smith & Mike Smith	Karl Pearson	Charlie Parmalee
2011	2012	2013	2014
Doug Carter	Jay Hanks	Russ Hicks	Jean Kinnear
2015	2016	2017	2018
Ron Sell	Tiffany & Patrick Van DeHey	Dean Sandell	Tom & Connie Cannon
2019	2020	2021	2022
Hugh Walton	Andrea Knepper	Deana Jerdee	Todd Leigh, Linda Savage & Nancy Uschold

**2023**

**Linda and Gary De Kock**



# Stacy Smith Outstanding Volunteer Award

2023 Recipient

## Joe Lessard

In his “Thousand Points of Light” speech, President George H. W. Bush moved a nation to recognition of those thousands and thousands of volunteers that dedicate themselves to the aid of humanity to help to make this world a better place. Some of those “Points” shine brighter than others. The Quiet Water Society decided in 2018 that it was time to place our light on some of our own shining examples. Each year, hundreds of selfless individuals, as supporters of the Quiet Water Society and the many organizations that participate in this symposium, donate countless hours, talents, and money to the causes that make our world a better place. All of them are deserving of recognition for their contributions. The first one there is often the last to leave, and that is the one person to whom everyone knows you can go for that little bit extra that we just can’t pull it off. Oddly it often seems that person steps to the back when the laurels are handed out. Those volunteers are the ones that every organization, movement, or cause leader hopes for and treasures the most.

The Stacy Smith Outstanding Volunteer Award was presented for the first time at the Quiet Water Symposium in 2018 to her family in memory of her many years of volunteer service to her many causes and her selfless dedication to the paddling community. The award was designed to be given annually to a volunteer deserving of recognition for the qualities that Stacy exemplified.

Joe Lessard has been a part of the Quiet Water Symposium for many years and joined the Board as treasurer in 2018. His contributions as a planning committee member, board member, and lead volunteer have enhanced the show’s growth and focus on quality and conservation. He is an unsung hero, keeping the books straight not just for QWS but for LOAPC as well, playing a behind the scenes role. An avid paddler, he smiles at the challenges of whitewater and can be seen paddling through the waves of the Great Lakes and many Michigan Rivers, one of our paddling community. As one paddler put it “He’s someone I’d want in my party when the going gets tough, because I know he’s always there for others.” As a volunteer at his church and elsewhere, Joe is an example of how important volunteership and engagement are for our world, in general, and for the mission of the Quiet Water Society. We are proud to honor him with The Stacy Smith Outstanding Volunteer Award.

**Please join us at 5:00 pm today at the Arena entrance for the award presentation.**





# The Quiet Adventures Symposium

## Code of Conduct

The Quiet Adventures Symposium (QAS) serves as a platform for education, discussion, and the presentation of ideas that promote human powered outdoor recreation and help conserve our Great Lakes resources. In pursuit of these goals, the Quiet Adventures Symposium embraces the right to free speech while also being aware that there may be many sides to every issue and many possible solutions. The viewpoints of our many guests, exhibitors, speakers, and demonstrators are their own, and may not necessarily represent the views of the Quiet Adventures Symposium, its board members, or its many volunteers.

Therefore, the Quiet Adventures Symposium requires that:

- > Exhibitors, speakers, and demonstrators must keep their activities and the activities of their group, employees, and volunteers confined within the area assigned to them by the QAS Planning Committee.
- > Interactions with event staff, guests, exhibitors, speakers, and demonstrators must be held in a civil and professional manner.
- > Conduct or behavior must not be disruptive to the event.

If members of the QAS Planning Committee find that any action of guests, exhibitors, speakers, or demonstrators violates these requirements, event staff will attempt to resolve the situation. In cases where agreement on a solution cannot be found, parties may be asked to leave the site. In the most extreme cases, parties may be restricted from future participation in the event.

The QAS Code of Conduct is included as a part of exhibitor registration. Submission of the exhibitor form indicates acceptance of the Code of Conduct.

This will help make it possible for all parties to interact in a positive way.




**MICHIGANDER  
BICYCLE TOUR**  
**July 22-28**

7-day camping adventure. Start in Ann Arbor and explore some of the great trail tributaries and connectors of SE Michigan along the Great Lakes to Lakes Trail Route #1.




			
June 10	July 8 - 14	Aug 5 - 12	Sept 8 - 10

[LMB.org/events](http://LMB.org/events)

# RAFFLE

## Surf & Turf



Everyone\* is eligible to purchase Grand Raffle  
Prize Tickets for \$10 each or 3 for \$25  
Sold at Symposium Raffle & Door Prize Tables

Special This Year: **TWO** Grand Raffle Prizes

### **"SURF"**

Paddle Board from  
Little Bay Boards  
Custom inlaid both sides

Retail value: \$4,200

### **"TURF"**

Godspeed Bicycle, sized  
to fit, custom gear  
accessories, Sub 48 tour

Retail value: \$1,500

\* See QAS House Rules at Raffle Table per MI Raffle Licensing